DIRECTIONS TO CHANGE YOUR HUB EMAIL SUBSCRIPTION SETTINGS

You can change your communication settings for each or all Communities at any time from your account on the AST Hub (https://community.myast.org/home).

From the Community
1. Log in to your account.
2. From the Communities menu, select My Communities.
3. Select the Community for which you would like to change your email subscriptions, e.g. Outstanding Questions in Transplantation.
4. Tap or click the Settings menu.
5. Select the **Email Notifications** you would like:
   - Real-Time
   - Daily Digest
   - No Emails

**From Your Account**

1. Log in to your account.
2. From your account image, select **Profile**.
3. From the My Account menu, select **Community Preferences**.
4. You will see a list of your communities. Select the Email Notifications you would like:
   - Real-Time
   - Daily Digest
   - No Emails
Additional Support
Should you need any assistance, you may contact the AST at info@myast.org or at 856-439-9986.