

Measuring Immuno-responsiveness: What Tools Do We Have In Our Arsenal?

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Disclosures

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Learning Objectives: Review current available biomarkers reflecting immuno-responsiveness

- Non-specific markers of humoral and cellular immune function
- Viremia and virus-specific responses
- HLA-related responses



Basic Tools of Navigation





Balancing inadequate vs. excessive immunoresponsiveness







Cause of Death	>3 Years - 5 Years (N=3,941)	>5 Years - 10 Years (N=4,992)
OB/BOS	1,176 (29.8%)	1,234 (24.7%)
Acute Rejection	24 (0.6%)	23 (0.5%)
Lymphoma	55 (1.4%)	93 (1.9%)
Malignancy, Non-Lymphoma	478 (12.1%)	761 (15.2%)
CMV	10 (0.3%)	6 (0.1%)
Infection, Non-CMV	694 (17.6%)	835 (16.7%)
Graft Failure	704 (17.9%)	804 (16.1%)
Cardiovascular	184 (4.7%)	293 (5.9%)
Technical	18 (0.5%)	36 (0.7%)
Multiple Organ Failure	158 (4.0%)	233 (4.7%)
Other	440 (11.2%)	674 (13.5%)

Biomarkers That Reflect or Predict Immune Responses

Non-Specific Pathways Humoral immune function Cellular immune function Drug Metabolism

Allo-Immune Pathways HLA Mismatch Anti HLA Antibodies Cellular rejection



Non-specific immunity:

Hypogammaglobulinemia

- lgG < 700
 - 60% overall incidence
- lgG < 400
 - 32% time of transplant.
 - 6-14% 3 months to 1 year
- Hypogammaglobulinemia associated with increased risk for
 - pneumonia
 - BOS

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(Kawut et al, Transplantation 2005; Petrov et al, Transplant Direct 2018; Chambers et al, JHLT 2013)

Assessment of T-cell Mitogen Response

CD4+ T-Cell ATP production in response to the mitogen phytohemagglutinin(PHA)

Responses are lower in lung transplant recipients with infection

Bhorade et al, JHLT 2008

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AST



Usefulness of immune monitoring in lung transplantation using adenosine triphosphate production in activated lymphocytes: Shino et al, J Heart Lung Transplant 2012



Viremia and Immuno-responsiveness



EBV Viremia



• Tx for AR associated with increased EBV viremia



Silva et al, Transp Inf Dis 2016

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EBV Viremia

- Higher levels of EBV viremia within 1st 6 months assoc.
 with greater long term risk of opportunisitic infection (80% vs. 28%) driven largely by greater incidence of invasive fungal disease
- EBV viremia may be a marker of excessive suppression of the immune response

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Time from transplant (days)

CMV Immune response

- In-vitro stimulation of CD8+ T-cells with CMV antigen and measurement IFNγ release compared to mitogen response (ELISPOT assay)
- A specific marker of immunoresponsiveness to CMV
- Can can be used to tailor duration of antiviral prophylaxis and reduce the rate of CMV infection

Westall et al, Transplantation 2018 Kumar et al, Am J Transplant 2017



Viral PCR: Torque Teno Virus

- DNA virus present in most humans
- Viremia increases with immune suppression
- Potential negative correlation between viral load and immunoresponsiveness
- A non-specific marker of
 - immunoresponsiveness



Torque Teno Virus as a Novel Biomarker Targeting the Efficacy of Immunosuppression After Lung Transplantation

Lower levels of viremia associated with higher Incidence of CLAD



. Jaksch et al, J Infect Dis. 2018

HLA and DSA Assessment



HLA Mismatch & Survival

HLA mismatches \geq 3 HR of 1.214 for mortality vs. HLA mismatches 0-2

HLA-A mismatch HR 1.070 HLA-DR mismatch HR 1.054

Influence of HLA Mismatching on Survival in Lung Transplantation. Hayes et al, Lung 2015

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HLA Mismatch and BOS:

Number of mismatches associated with BOS risk HR 1.060 for each 1-unit increase in HLA mismatch

HR for HLA-A mismatch was 1.128

Influence of human leukocyte antigen mismatching on bronchiolitis obliterans syndrome in lung transplantation. Hayes et al, JHLT, 2016



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Pre-Transplant Donor-Specific Antibodies

- Retrospective study without virtual xmatch:
- DSA is an independent predictor of poor patient survival within 1 year HR 3.569.
- HR for Complement-fixing DSA 11.083 with
- one year survival of 12.5%

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Pre-transplant donor HLA-specific antibodies: characteristics causing detrimental effects on survival after lung transplantation Smith et al, JHLT. 2014



Pre-Transplant Donor-Specific Antibodies

No difference in freedom from CLAD or survival when potentially reactive HLA are avoided by virtual crossmatch

The impact of pre-transplant allosensitization on outcomes after lung transplantation. Bosanquet et al, JHLT 2015

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Post-Transplant DSA

Multicenter prospective study 119 patients.

• 36% developed DSA

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- DSA with MFI \geq 3000
- had HR of 2.11 for ACR \geq A2
- No association between DSA and survival

Human leukocyte antigens antibodies after lung transplantation: Primary results of the HALT study. Hachem et al, Am J Transplant. 2018 Sep

N at risk = 119



89

CUTTING EDGE of TRANSPLANTATION

70

52

19

150

0

Post-Transplant DSA

362 patients 175 developed DSA Persistent DSA had HR of 3.39 for CLAD

Donor-specific and -nonspecific HLA antibodies and outcome post lung transplantation Verleden et al, European Respiratory Journal 2017

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Conclusions

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- 1. Non-specific biomarkers of humoral immune function (IgG) may be predictive of infection and BOS
- 2. Viremia and viral immune responses reflect immunoresponsiveness and may provide avenues for additional study
- 3. HLA mismatch may identify patients at greater risk for BOS and mortality
- 4. DSA is a biomarker that is associated with worse outcomes and influences donor selection when present pre-transplant
- 5. Post-transplant DSA is an accepted biomarker that portends worse outcomes after transplant