

# *Transplantation of Patients with Kidney Failure and Diabetes*

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CUTTING EDGE of **TRANSPLANTATION**

**TRANSPLANT SUMMIT 2019**

***NO SIZE FITS ALL:** Uncovering the  
Potential of Personalized Transplantation*

FEBRUARY 21–23, 2019 • ARIZONA BILTMORE • PHOENIX, AZ

# Disclosures

No relevant personal financial relationships

Medeor: Unpaid advisory board member

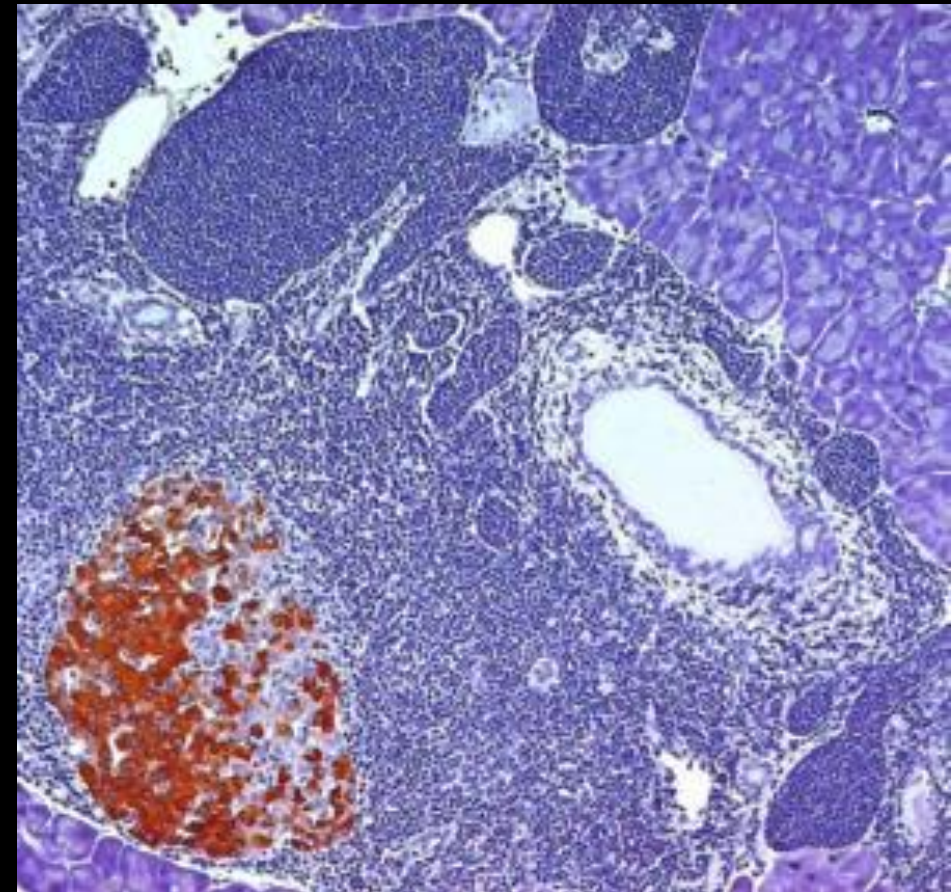
eGenesis: Unpaid advisory board member

# Learning Objectives

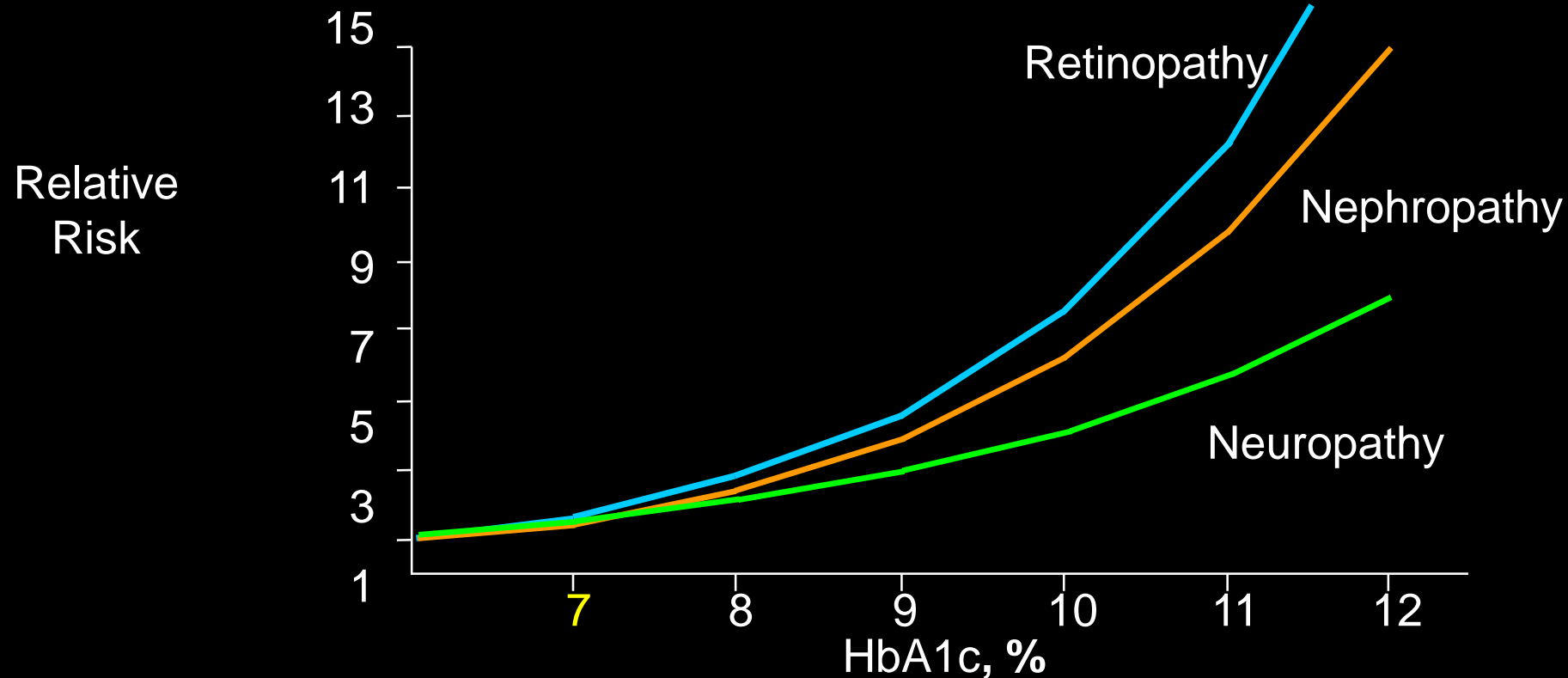
1. Program building for pancreas transplantation
2. Outcomes of pancreas kidney transplantation
3. Donor and recipient selection strategies for pancreas transplantation

# The Enemy

- Type I diabetes results from the autoimmune destruction of insulin producing beta cells in the pancreas
- Long-term therapy with insulin, while life saving, may result in:
  - kidney disease
  - blindness
  - cardiovascular disease
  - peripheral neuropathy



# Relationship of HbA<sub>1c</sub> to Risk of Microvascular Complications

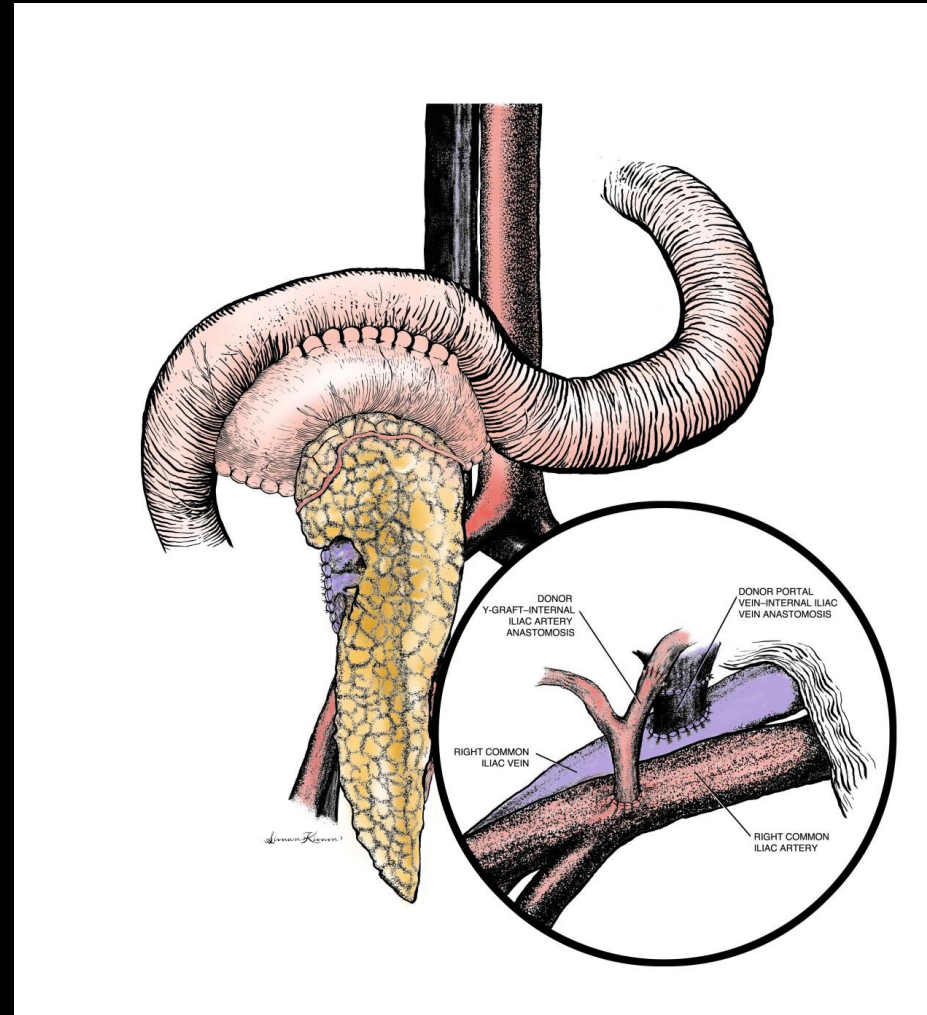


DCCT Research Group. *N Engl J Med.* 1993;329:977-986.



# The Hero

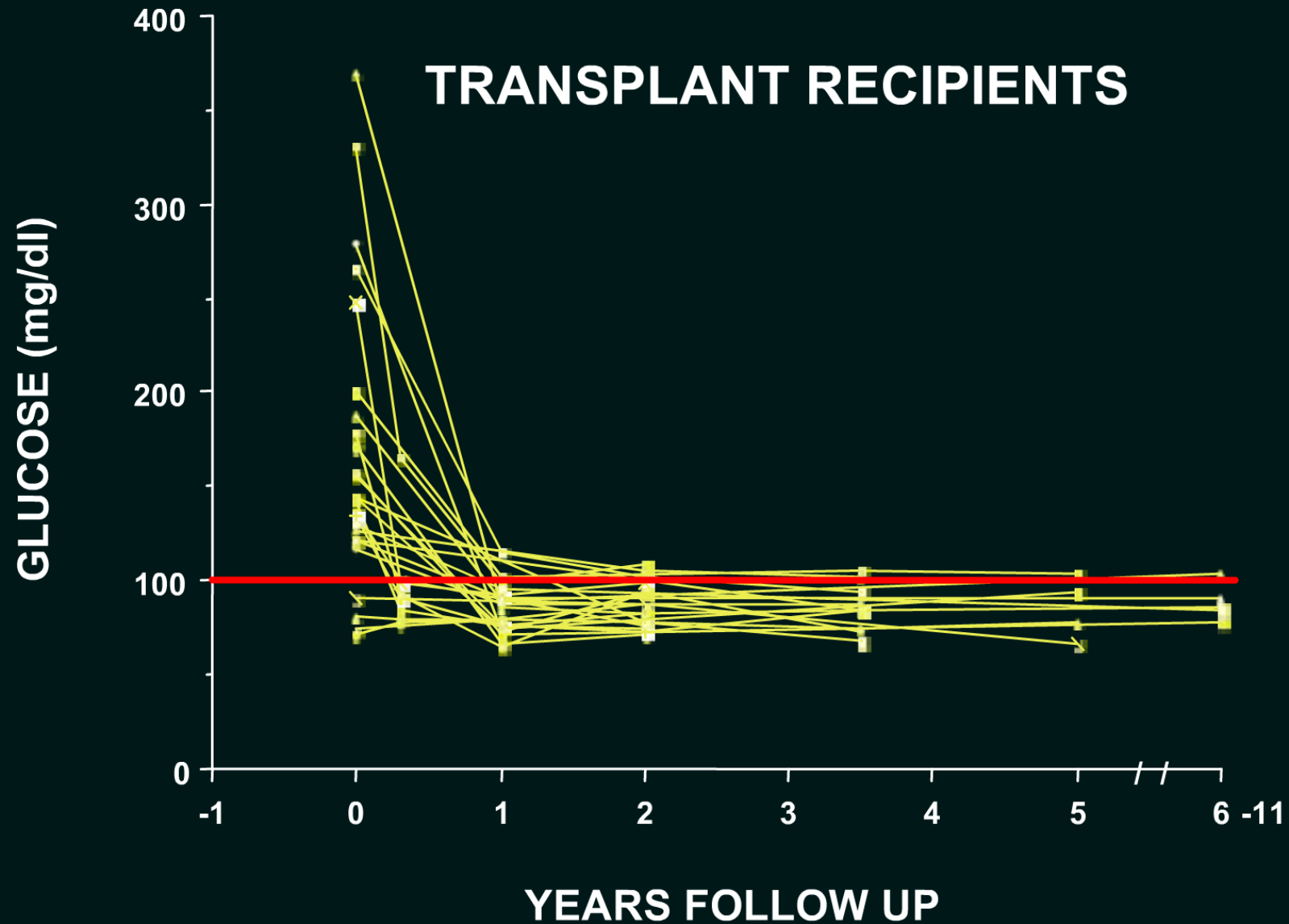
## The Pancreas Transplant



# FASTING PLASMA GLUCOSE

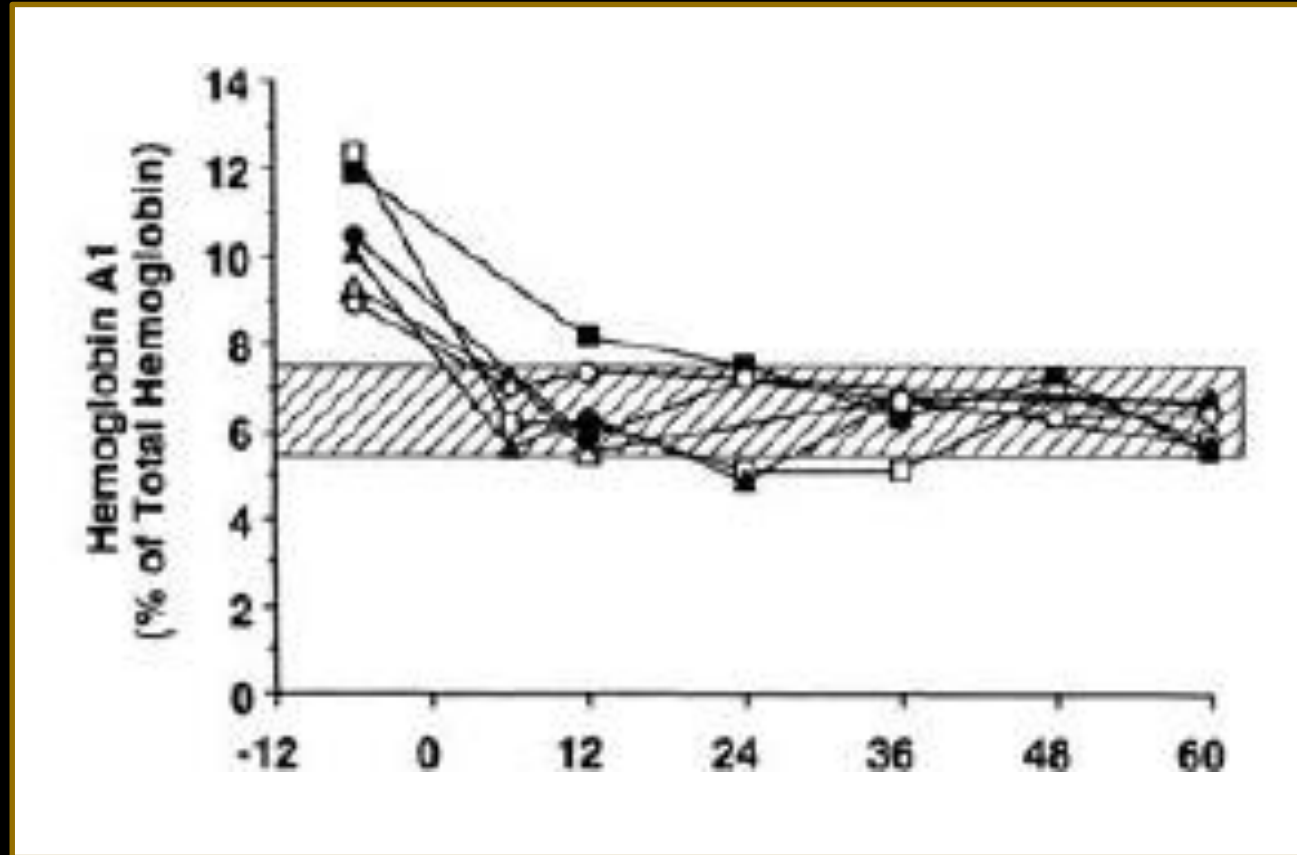
## LONGITUDINAL SERIES OF 44 PANCREAS

### TRANSPLANT RECIPIENTS



# HgbA1C and pancreas transplants

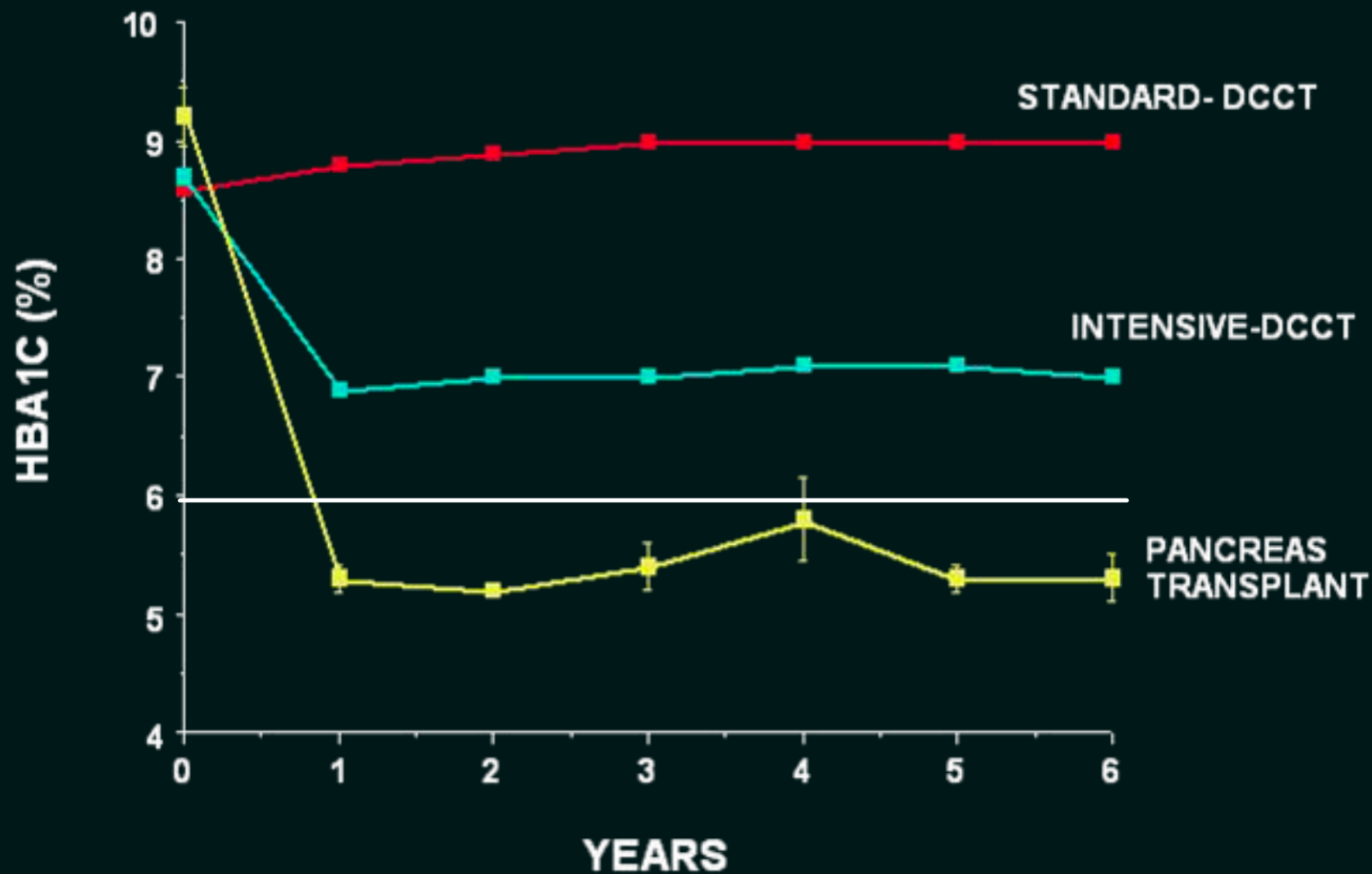
## Long-term results



Morel P, Sutherland DER. Long term Glucose Control in Patients with Pancreas Transplants. Ann Int Med 115:994, 1991.



# PANCREAS TRANSPLANTATION vs DCCT HEMOGLOBIN A1C



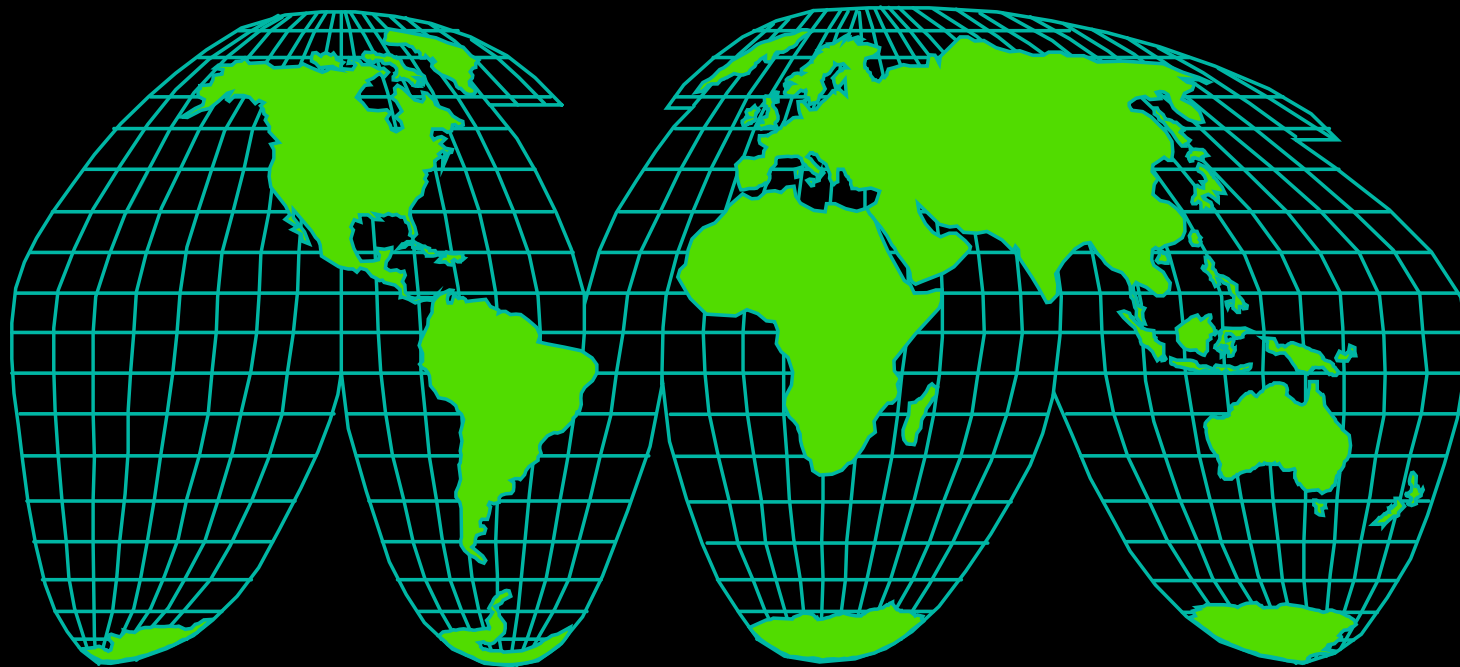
# Indications for Pancreas Tx

Diabetes Mellitus (T1 or T2) with:

- Renal failure requiring simultaneous kidney transplant (**SPK**). 75-80%
- Functioning kidney transplant already on immunosuppression (**PAK**). 5-10%
- Brittle diabetes with hypoglycemic unawareness (**PTA**). 10-15%

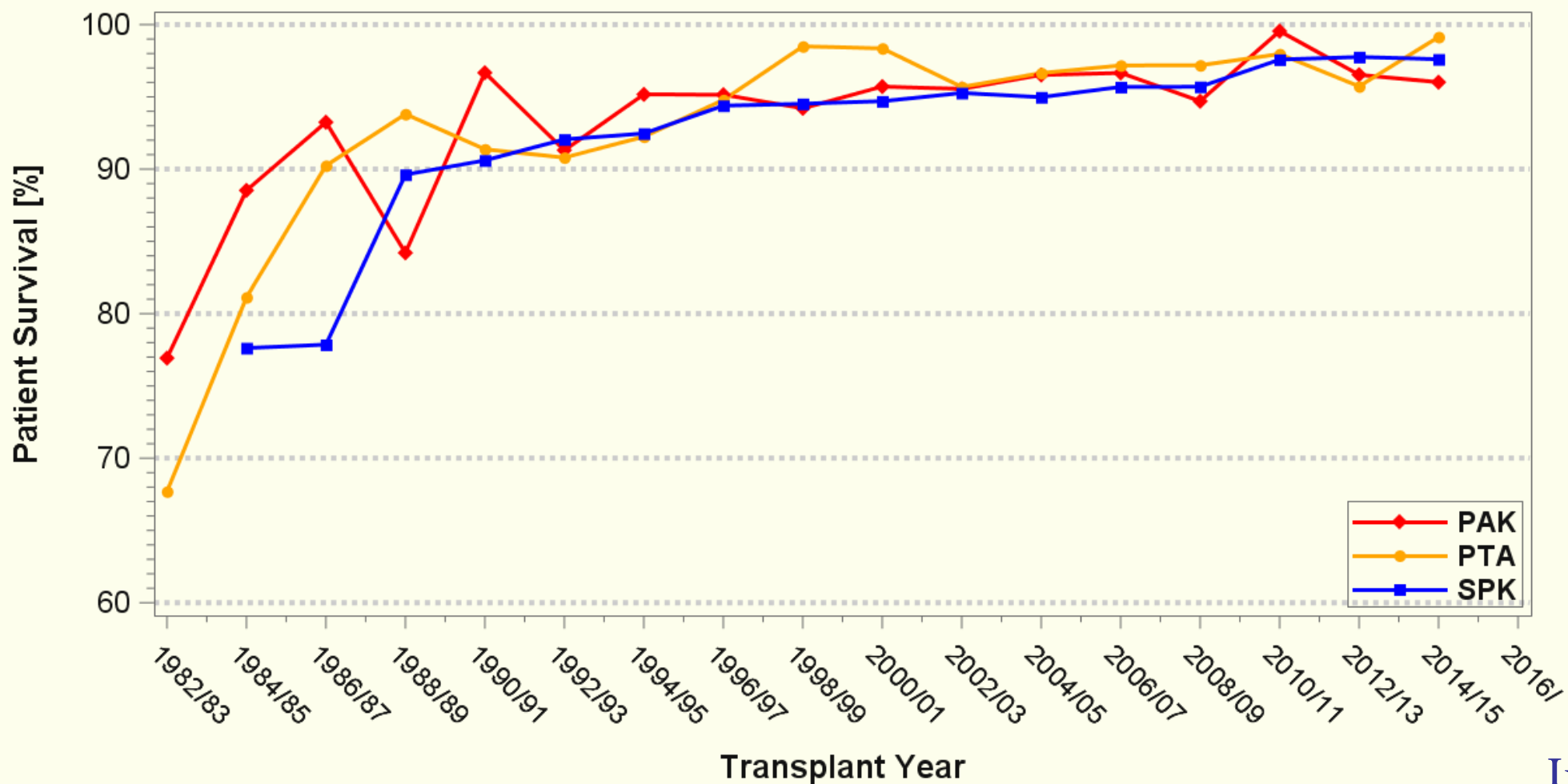


International Pancreas Transplant Registry (IPTR)  
Scientific Registry of Transplant Recipients (SRTR)  
Wisconsin Allograft Recipient Database (WisARD)



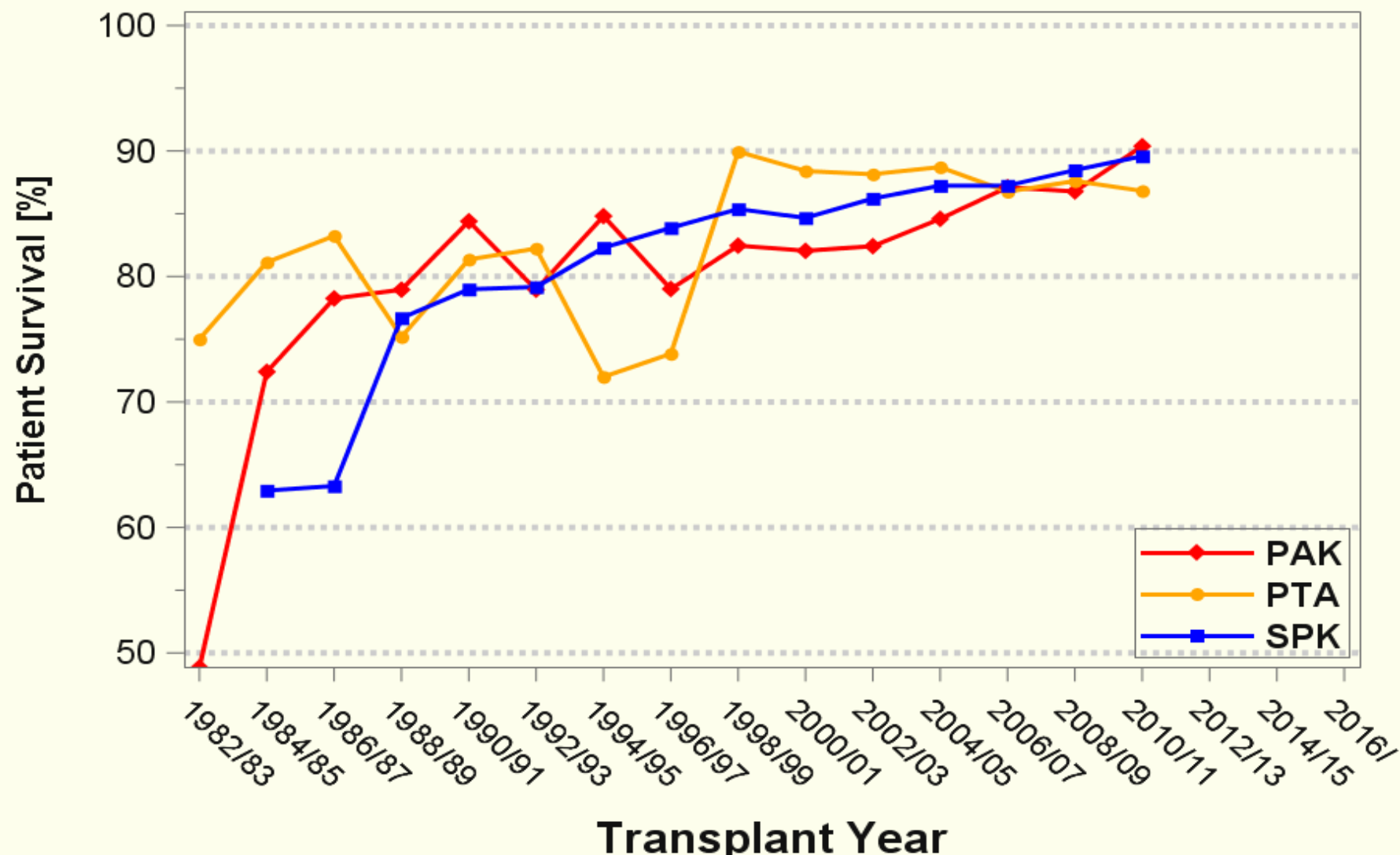
# 1-Year Unadjusted Patient Survival

USA Primary DD Pancreas Transplants, 1/1/1982 – 12/31/2016



# 5-Year Unadjusted Patient Survival

USA Primary DD Pancreas Transplants, 1 / 1/1982 – 12/31/2016





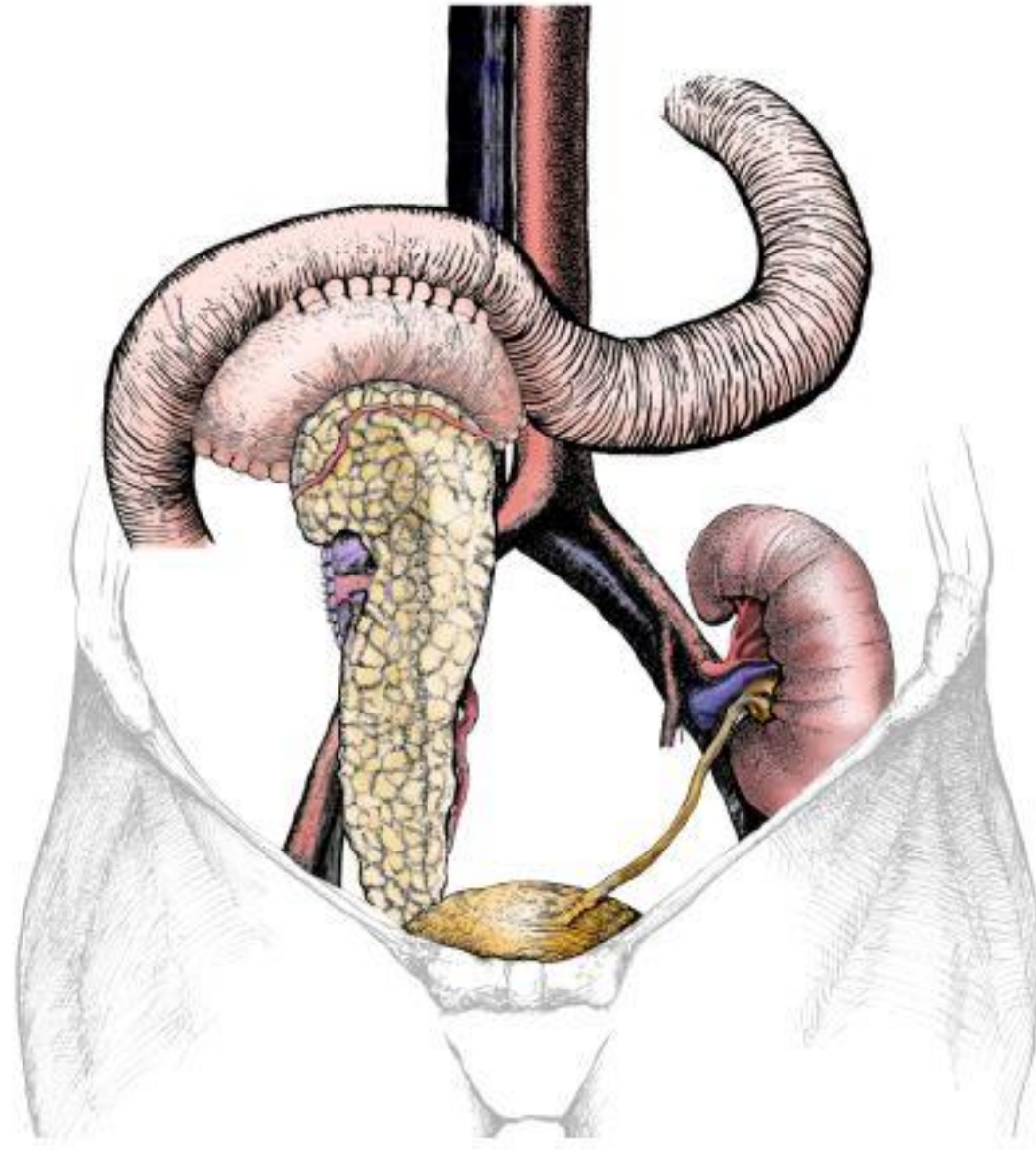
# Comparative Patient Survivals

<u>Organ</u>	<u>1-year</u>	<u>3-year</u>
LD Kidney	98.9%	96.5%
SPK	97.7%	95.6%
DD Kidney	96.6%	92.3%

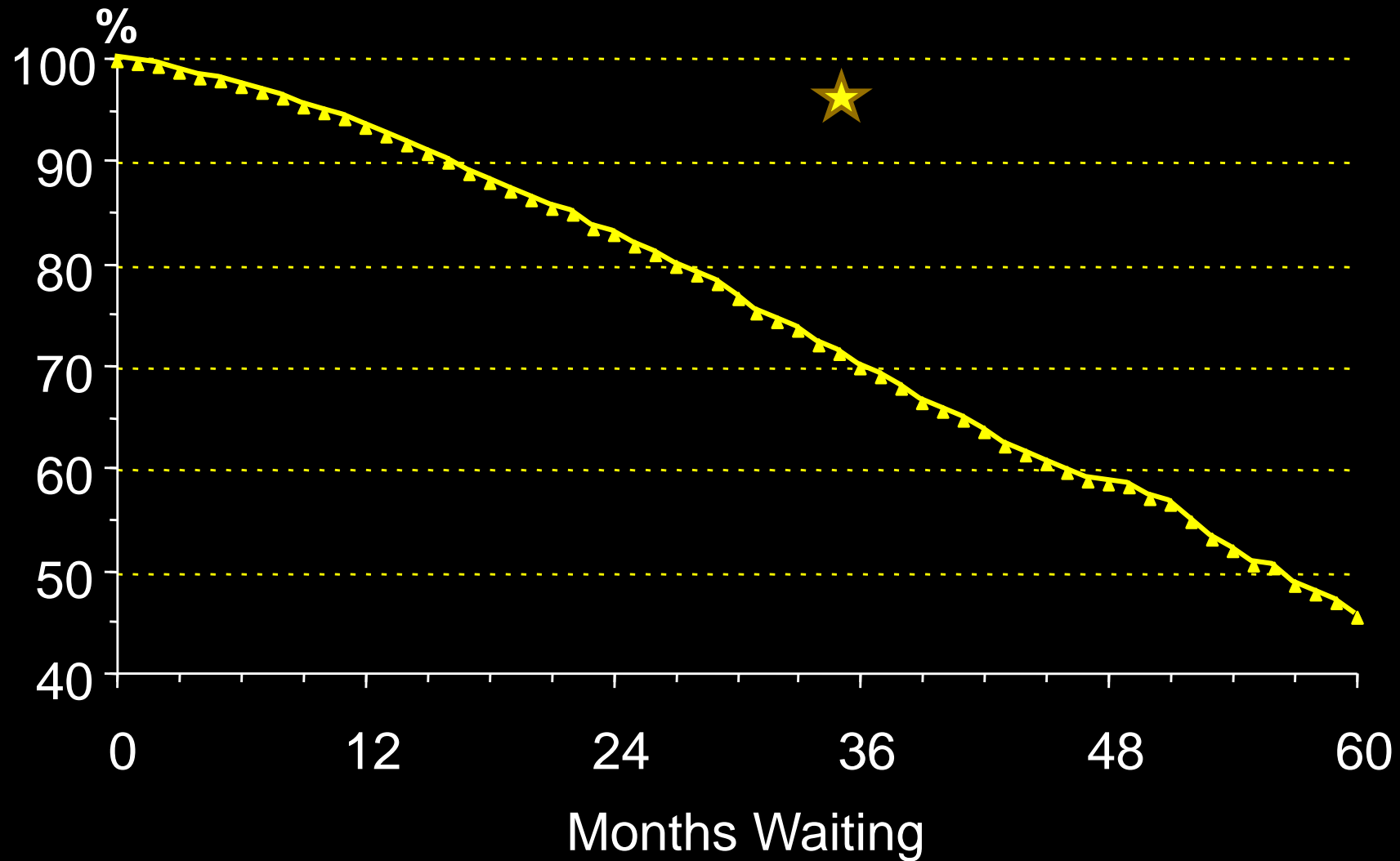
Pancreas transplants do not threaten lives!



## PANCREAS TRANSPLANT WITH ENTERIC DRAINAGE IN SITU

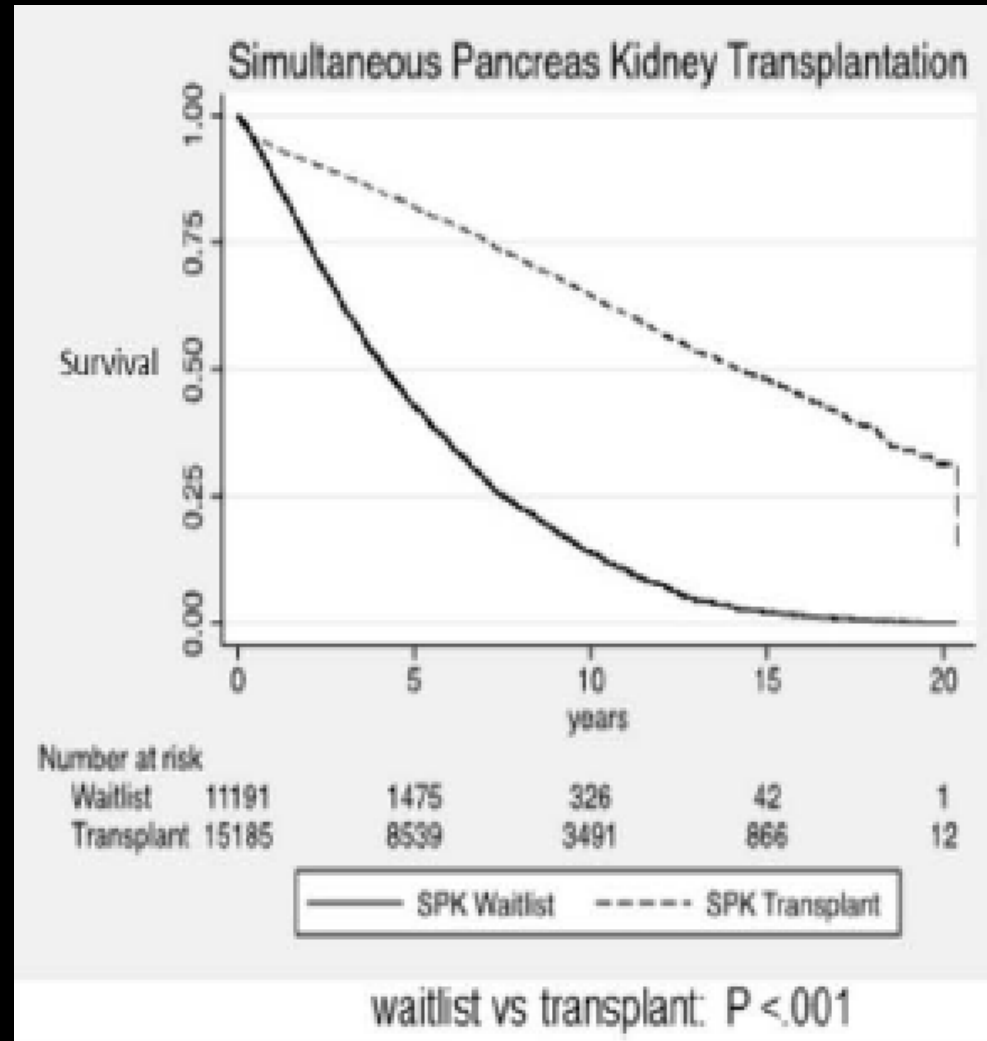


# Diabetic Uremic Patient Survival while Waiting



# Survival Benefit of Solid-Organ Transplant in the US

*A Rana, A Gruessner, VG Agopian, Z Khalpey, IB Riaz, BKaplan, KJ Halazun, RW Busuttil, RG Gruessner*  
*JAMA Surg. 2015;150(3):252-259*



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*JAMA Surg. 2015;150(3):252-259*

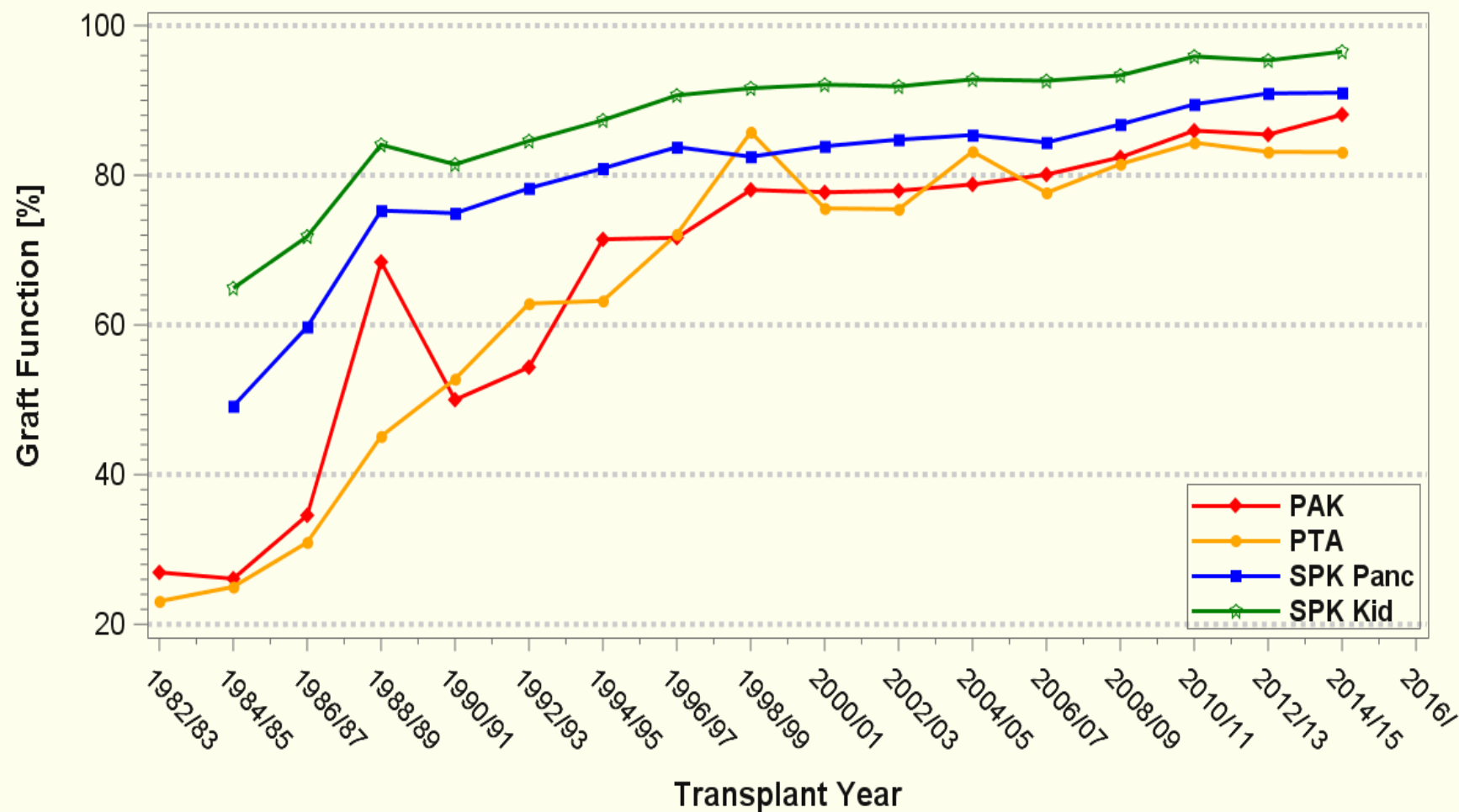
## UNOS database: 1987 - 2012

Table 1. Survival Benefit of Solid-Organ Transplant					
			Observed No.	Observed No. of Life-years	
Pancreas-kidney					
Waiting list	14 195	33 979	...	...	4.2
Transplant	16 995	119 620	79 198	4.6	14.5
Pancreas					
Waiting list	8568	26 733	...	...	8
Transplant	6177	34 193	14 903	2.4	13.3



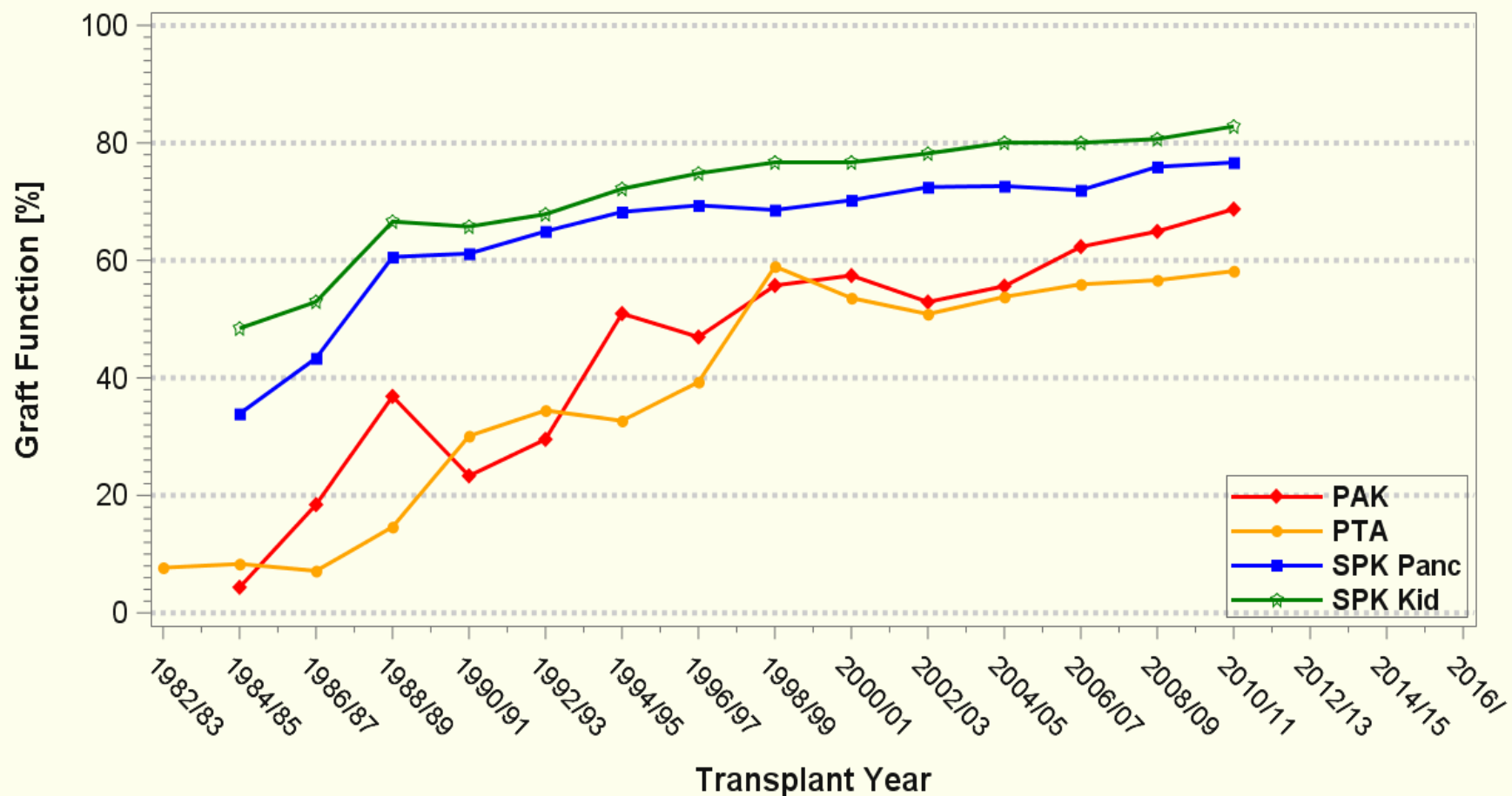
# 1-Year Pancreas/Kidney Graft Function

USA Primary DD Pancreas Transplants, 1 / 1 / 1982 – 12 / 31 / 2016



# 5-Year Pancreas/Kidney Graft Function

USA Primary DD Pancreas Transplants, 1 / 1 / 1982 – 12 / 31 / 2016



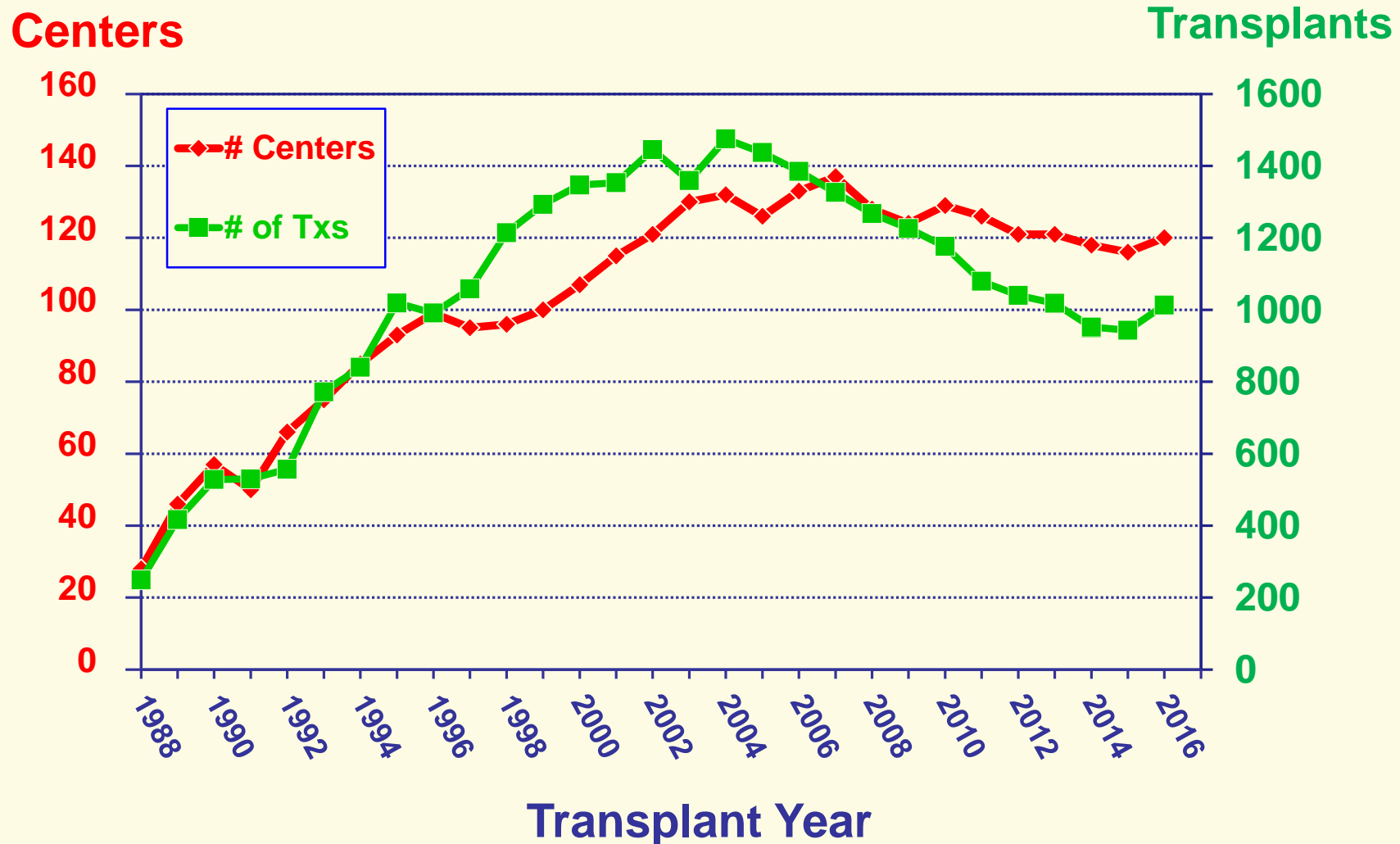
# Successful Pancreas Transplant

- Single organ tx
- Euglycemia without the need for exogenous insulin
- Prevents hypoglycemia
- Normalizes HgbA1c
- Improves patient quality of life
- Reverses peripheral neuropathy
- Prevents recurrent diabetic nephropathy (kidney damage) in transplanted kidneys
- May prolong life

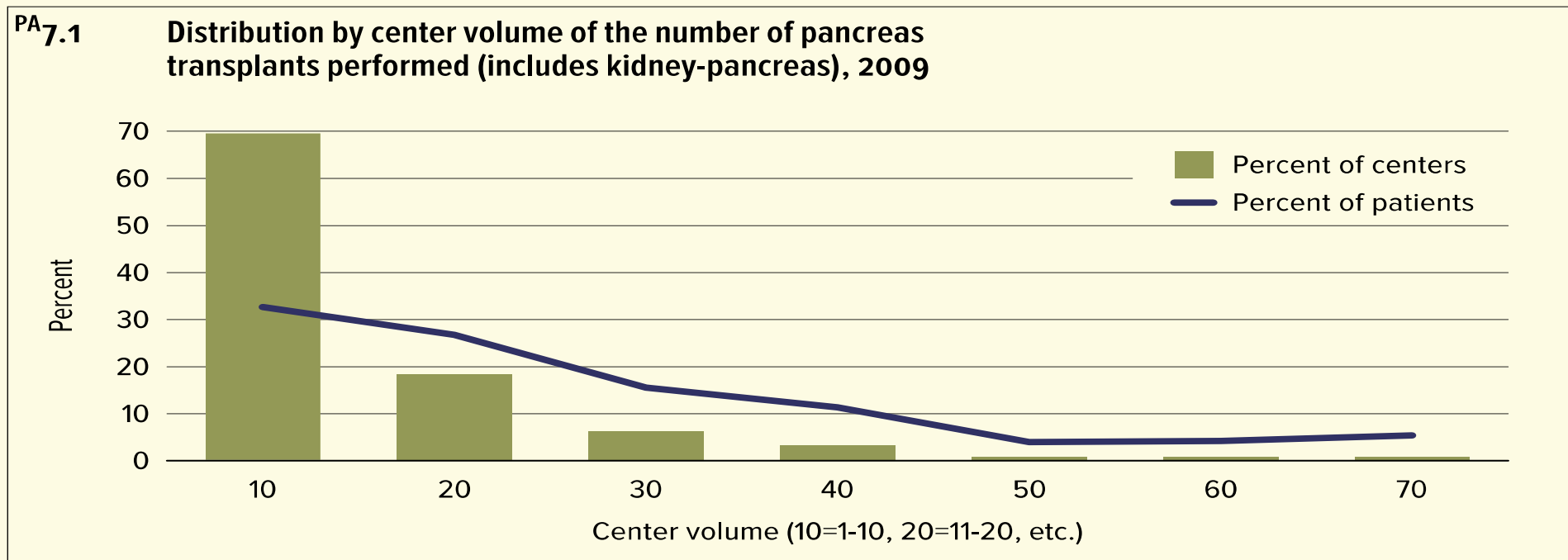


# Number of Tx Centers and Number of Tx's

US Pancreas Transplants 1/1/1988 – 12/31/2016



# Vast Majority of Programs Perform $\leq 10$ Pancreas Transplants Annually



UNOS SRTR Report Am J Transplant 2011



# How does one know the pancreas will be good for Tx?

## Pancreas Donor Risk Index

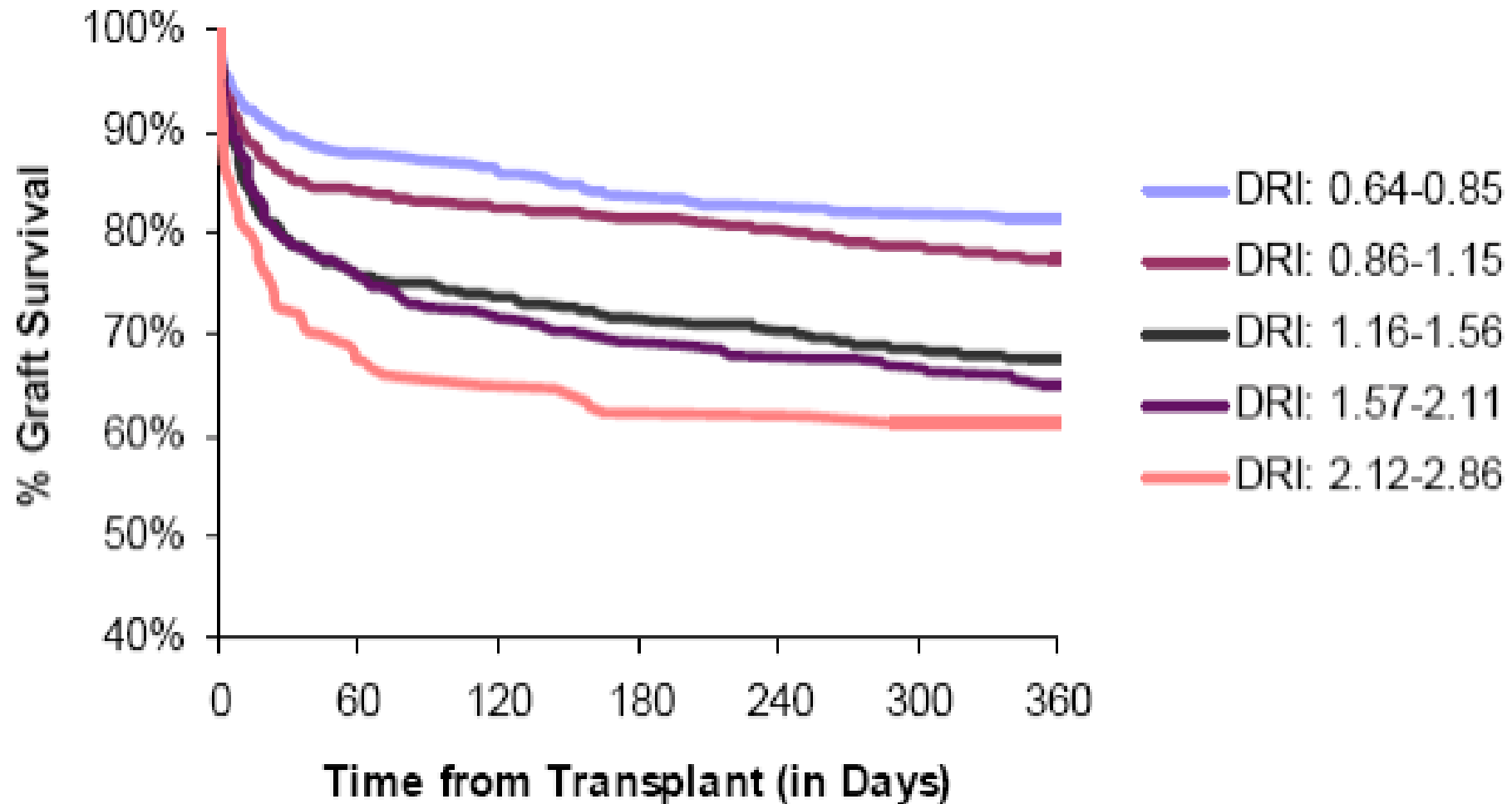
### Pancreas Donor Risk Factors and Parameters

- Donor age: 0-20:  $-0.0083 \times \text{age} + 0.166$ . 20+:  $0.0262 \times \text{age} - 0.732$ .
- Donor female: -0.138. Male: 0.
- Donor African American: +0.240. Non-Black: 0.
- Donor Asian: +0.157. Non-Asian: 0.
- Donor Serum Creatinine > 2.5: +0.195.  $\text{SCr} \leq 2.5$ : 0.
- DCD: +0.332. Non-DCD: 0.
- Donor height (cm):  $-0.0061 \times \text{Donor Height} + 1.051$ .
- Donor BMI:  $\leq 25$ :  $-0.00099 \times \text{BMI} + 0.0237$ .  $> 25$ :  $+0.0323 \times \text{BMI} - 0.807$ .
- Donor cause of death = CVA: +0.210. Other cause: 0.
- Donor cause of death = CVA and PAK recipient: -0.281. Other cause: 0.
- Pancreas Preservation Time (hrs):  $0.0147 \times (\text{Time}) - 0.176$ .

Sum up the above for each donor, and take  $e^{\text{SUM}}$  to get the PDRI.



# P-DRI: Pancreas Graft Survival (SPK)



# How does one REALLY know if the pancreas will be good for Tx?

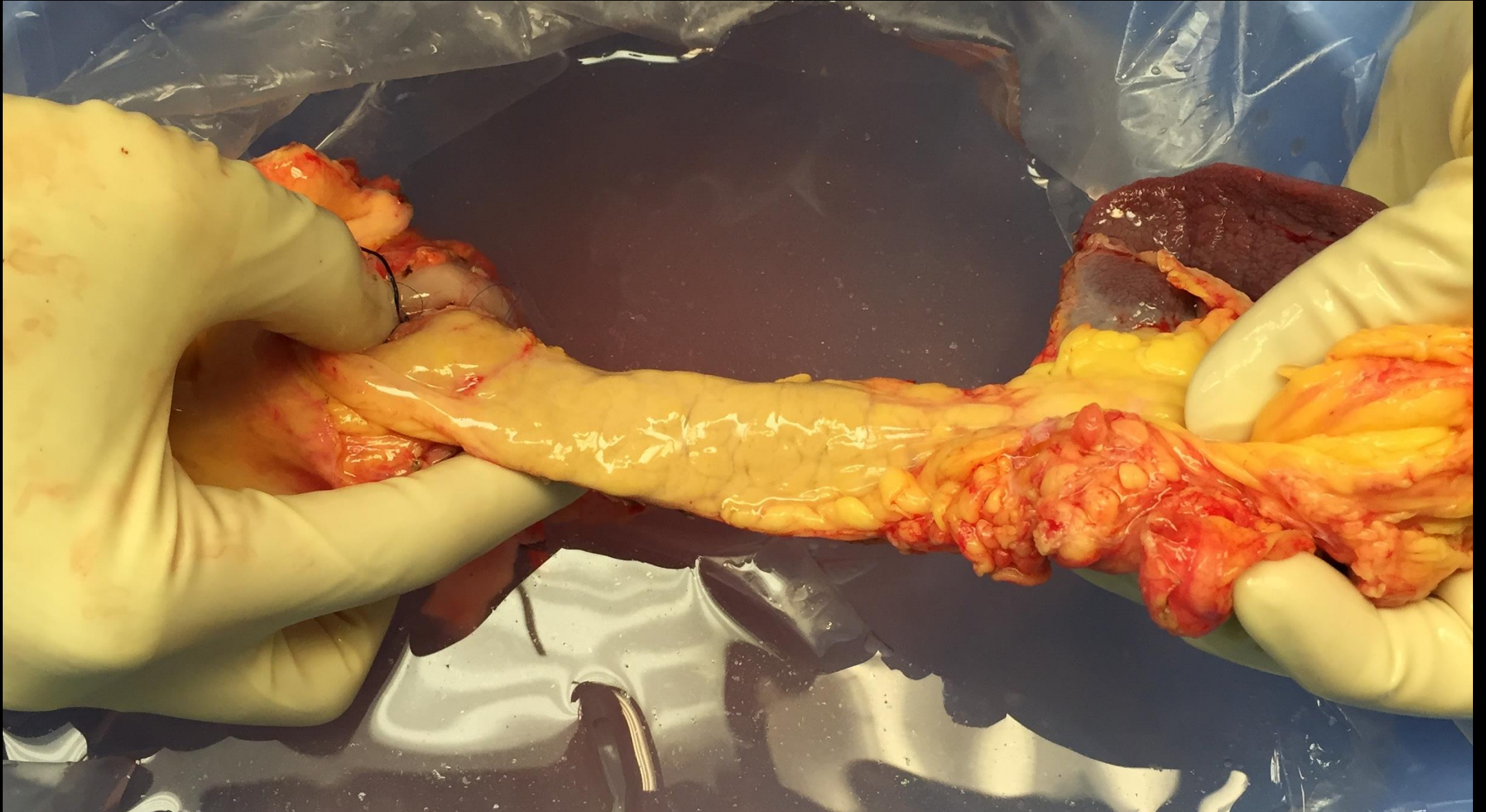
Make final decision by direct visual inspection.

For imports, request anatomic waivers and visualize

Use “A” and “B:” grade pancreata for Tx



# Grade A Pancreas Graft



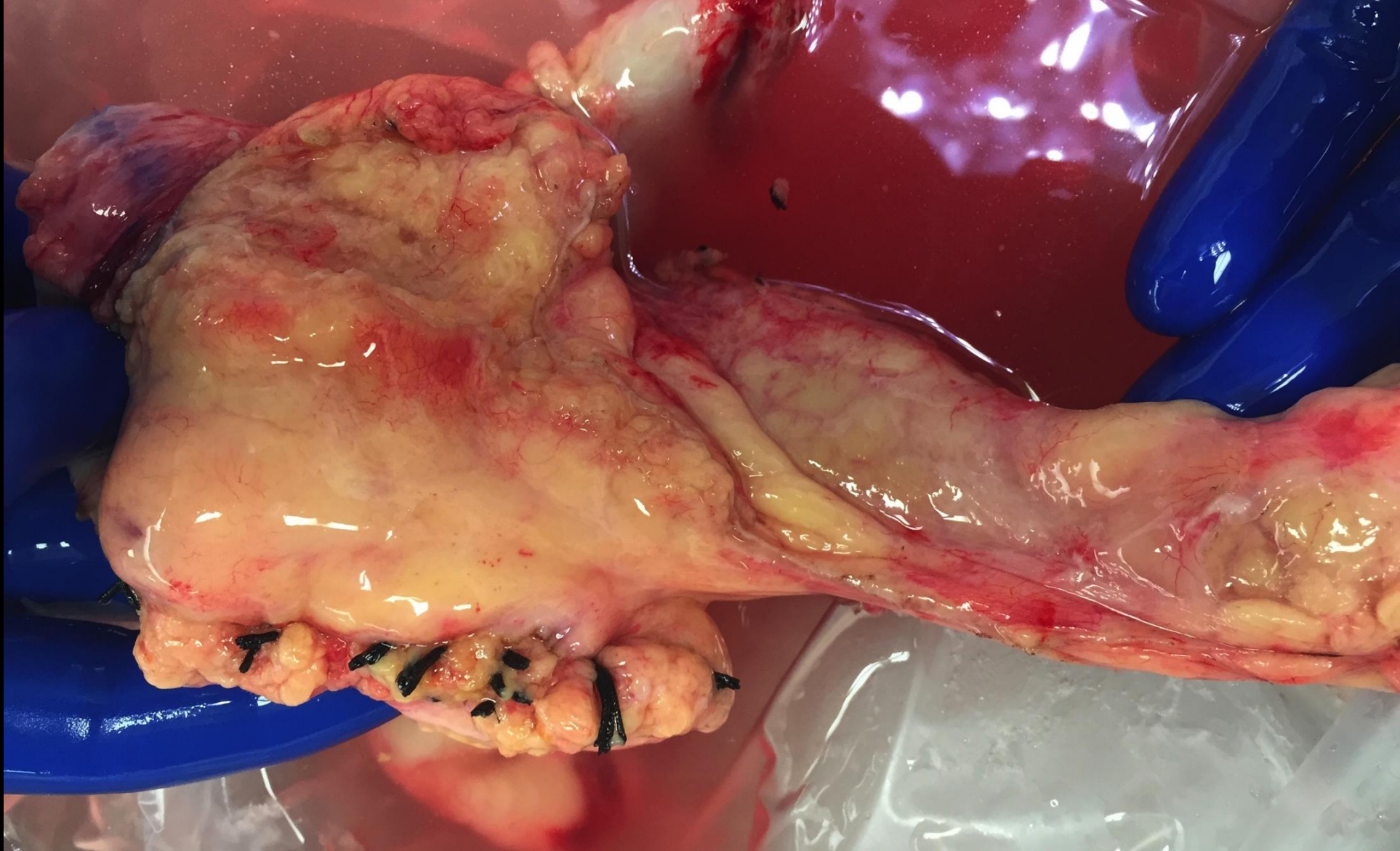


# Grade B Pancreas Graft



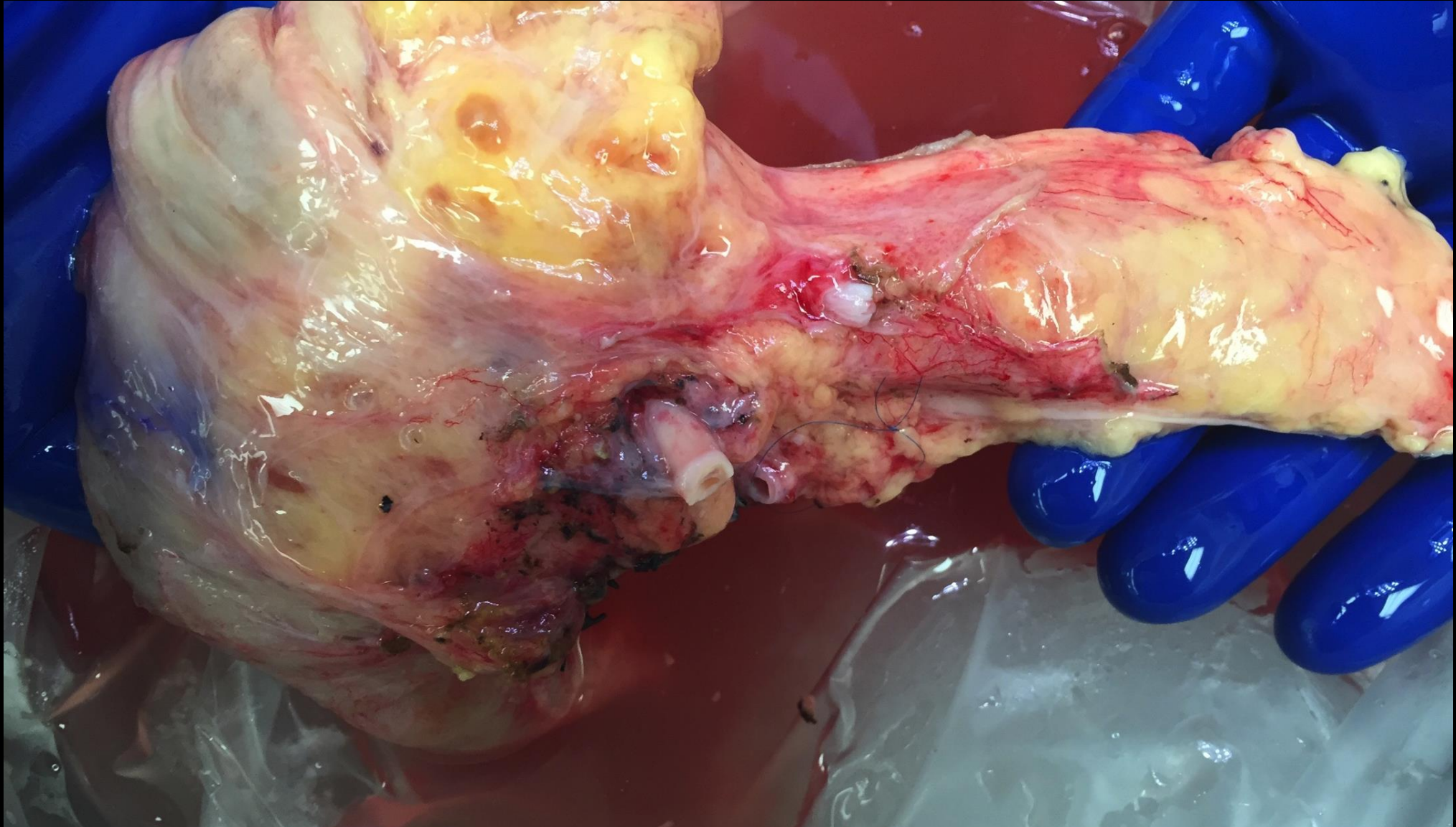


# Grade C Pancreas Graft





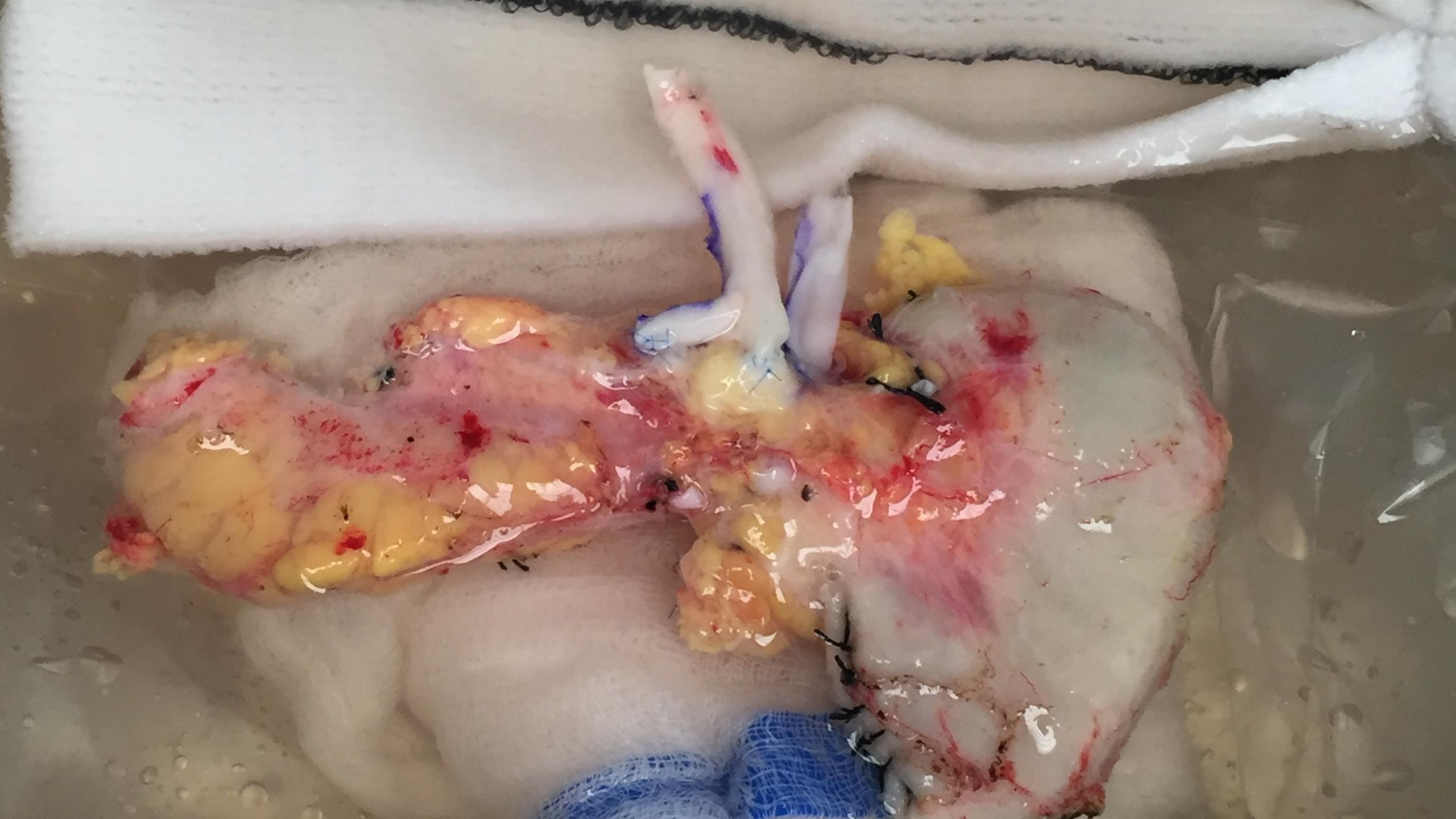
# Grade C Pancreas Graft



# Grade A- Pediatric Pancreas Graft





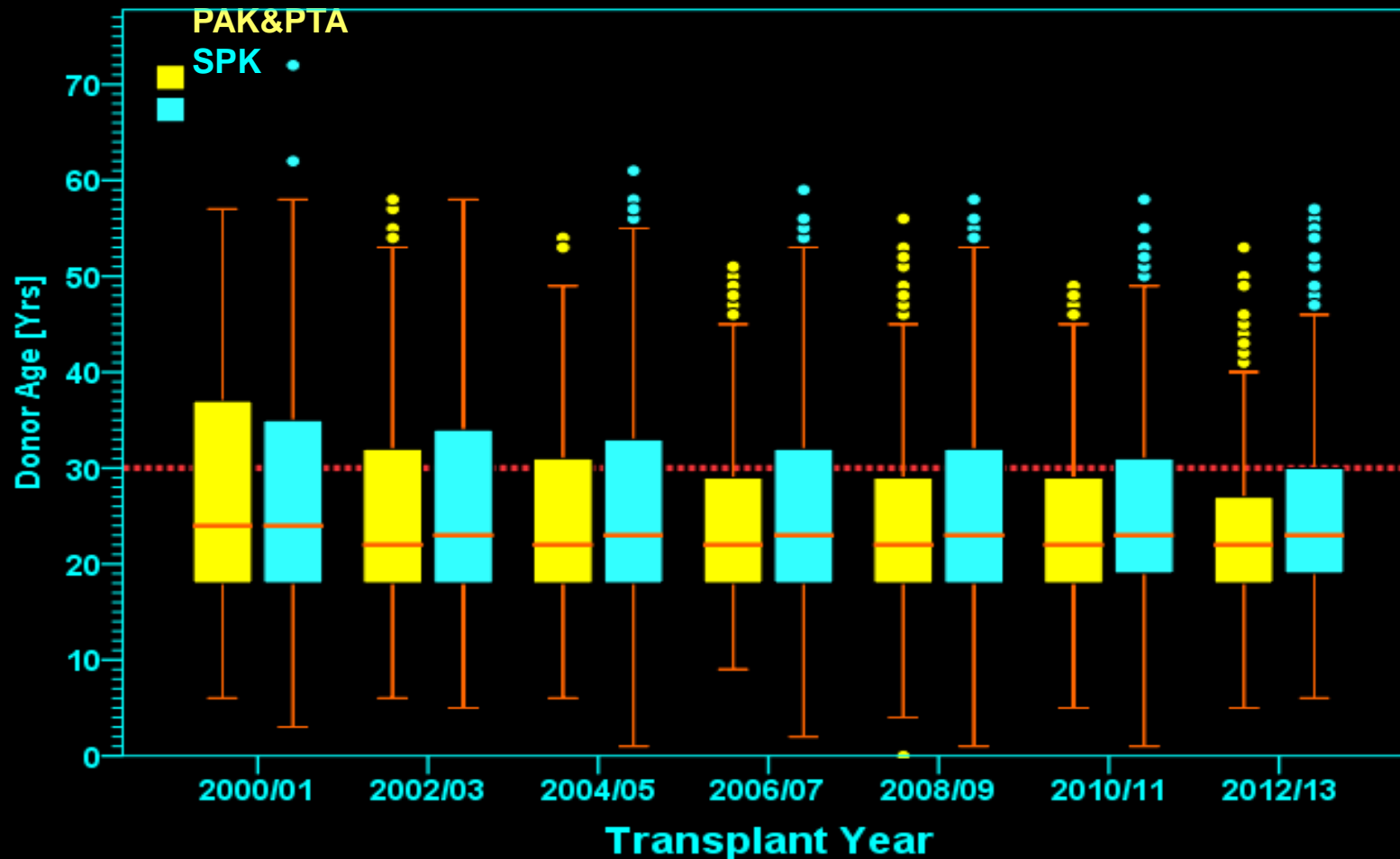






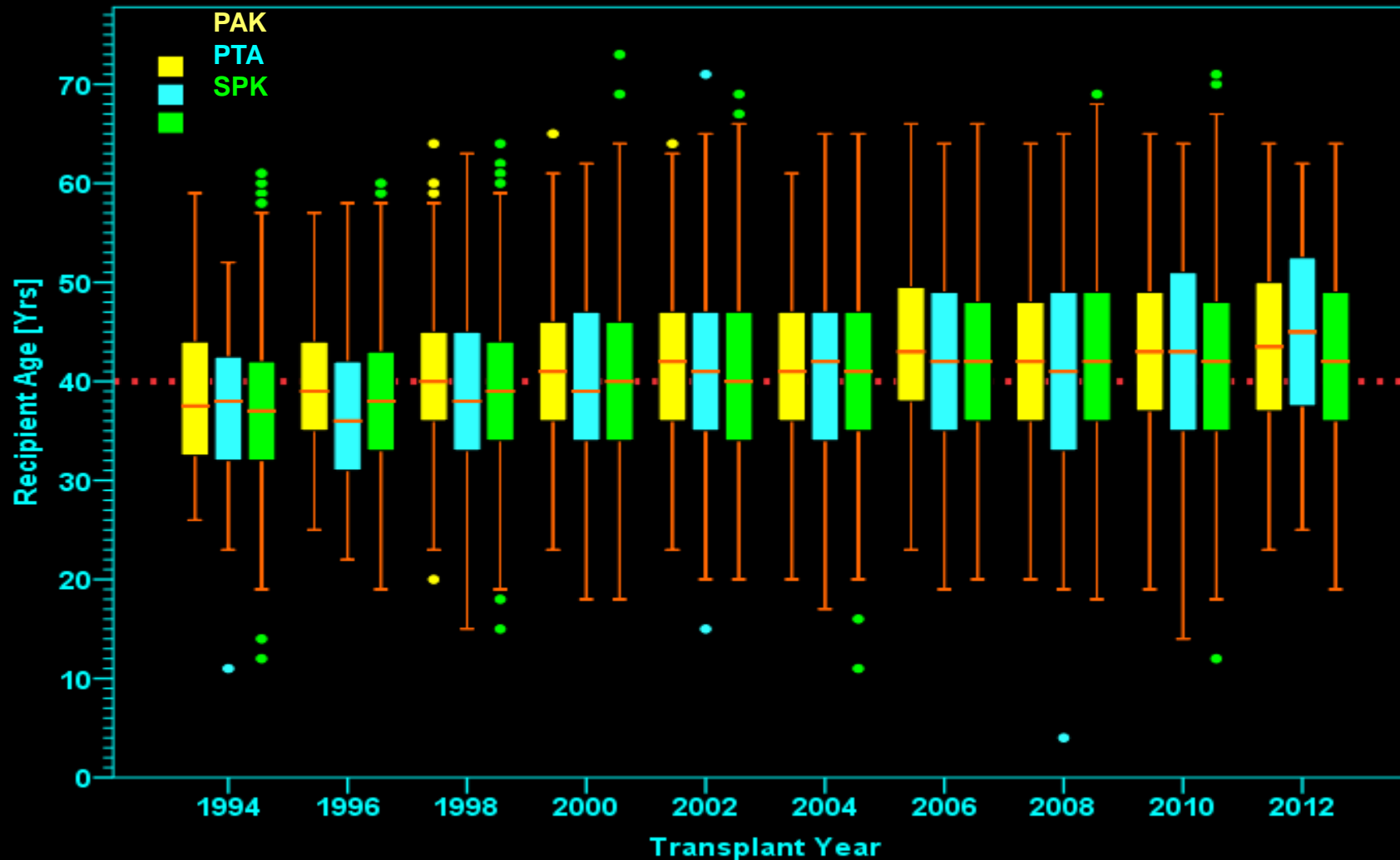
# Deceased Donor Age

USA Primary Pancreas Transplants 1/1/2000 – 12/31/2012



# Recipient Age

USA Primary Pancreas Transplants 1/1/1994 – 12/31/2012





# Typical Demographics for Pancreas Tx

## Donors:

- DBD local donors
- <50 years of age
- BMI <30

## Recipients:

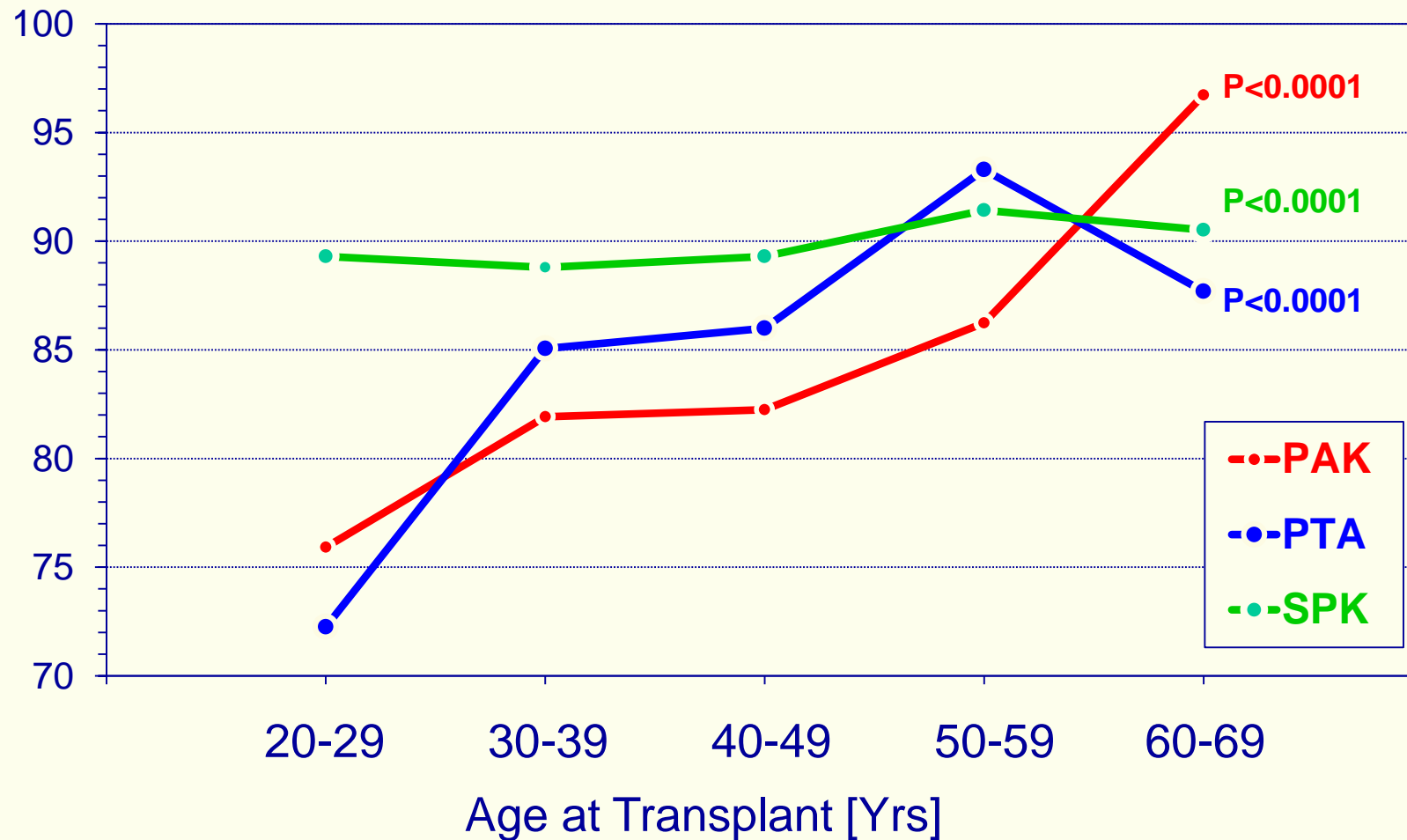
- Primary Tx
- Non-highly sensitized
- Type 1 diabetic recipients
- <55 years of age
- BMI <30

Are pancreas txs more complex when D/R characteristics fall outside the norm?



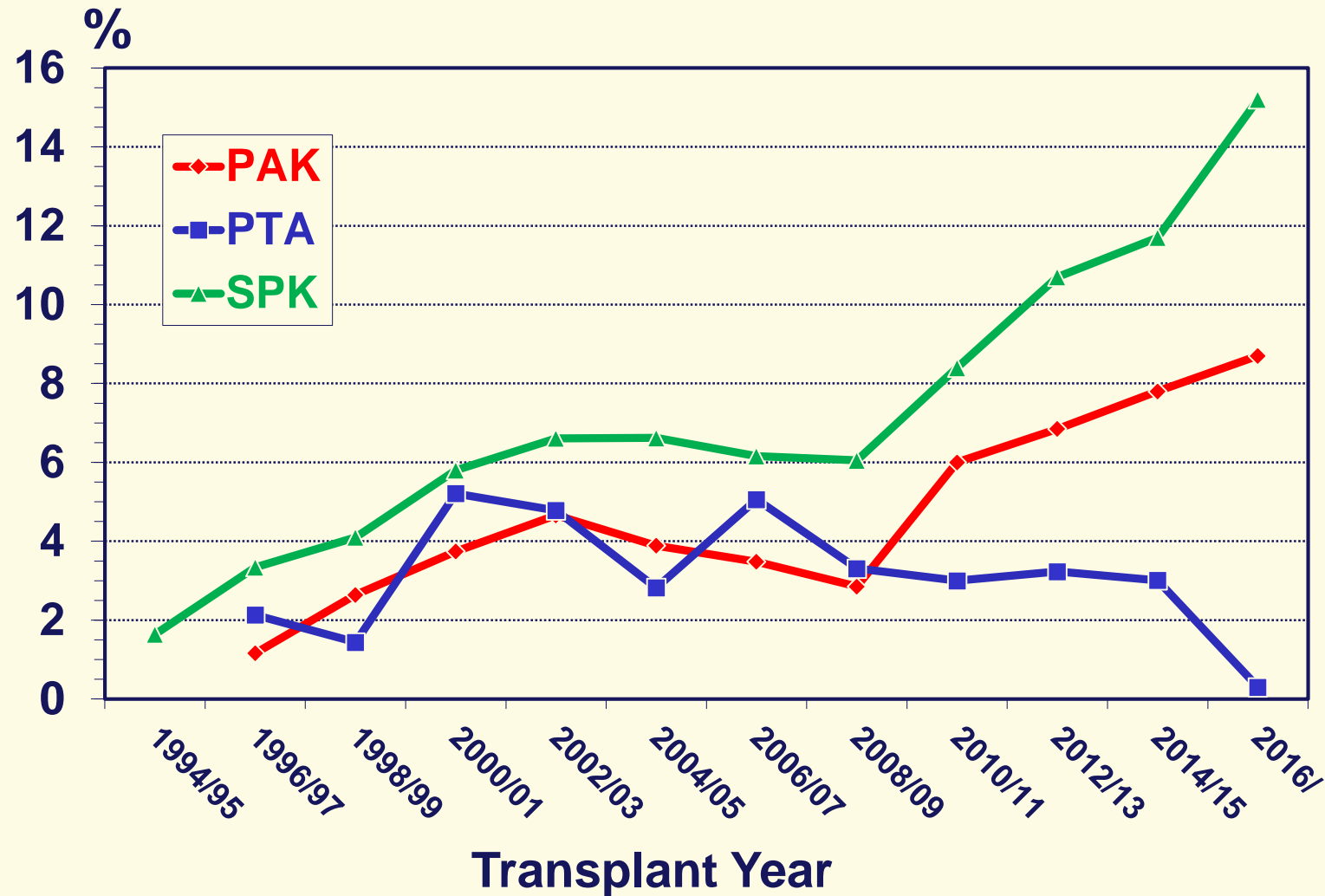
# 1 Yr Pancreas Graft Function by Recip. Age

USA Primary Pancreas Transplants in Type 1 DM 1/1/2010 – 12/31/2016



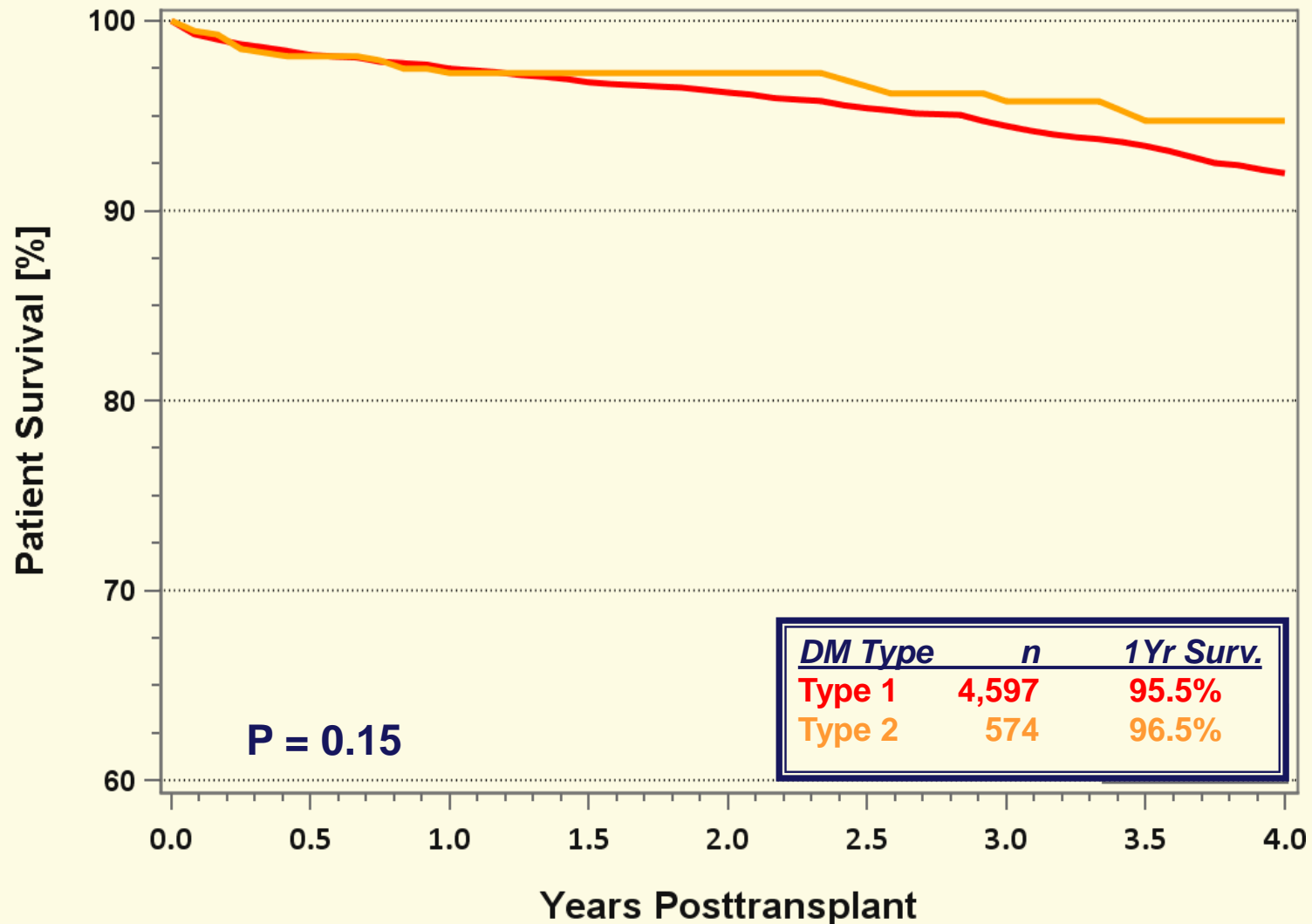
# Patients with Type 2 Diabetes

USA Primary DD Pancreas Transplants 1/1/1994 – 12/31/2016



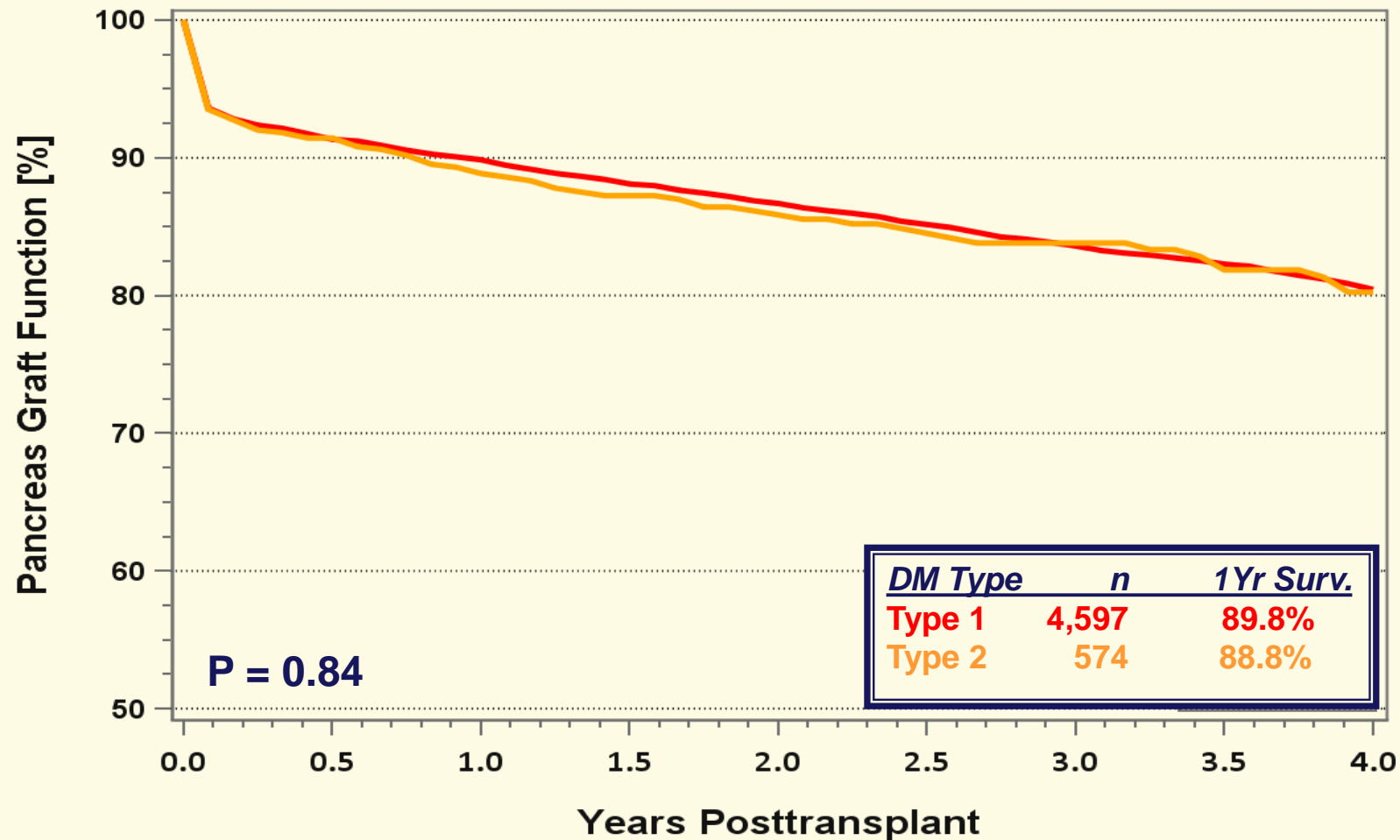
# SPK Patient Survival by Diabetes Type

USA Primary DD SPK Transplants 1/1/2010 – 12/31/2016



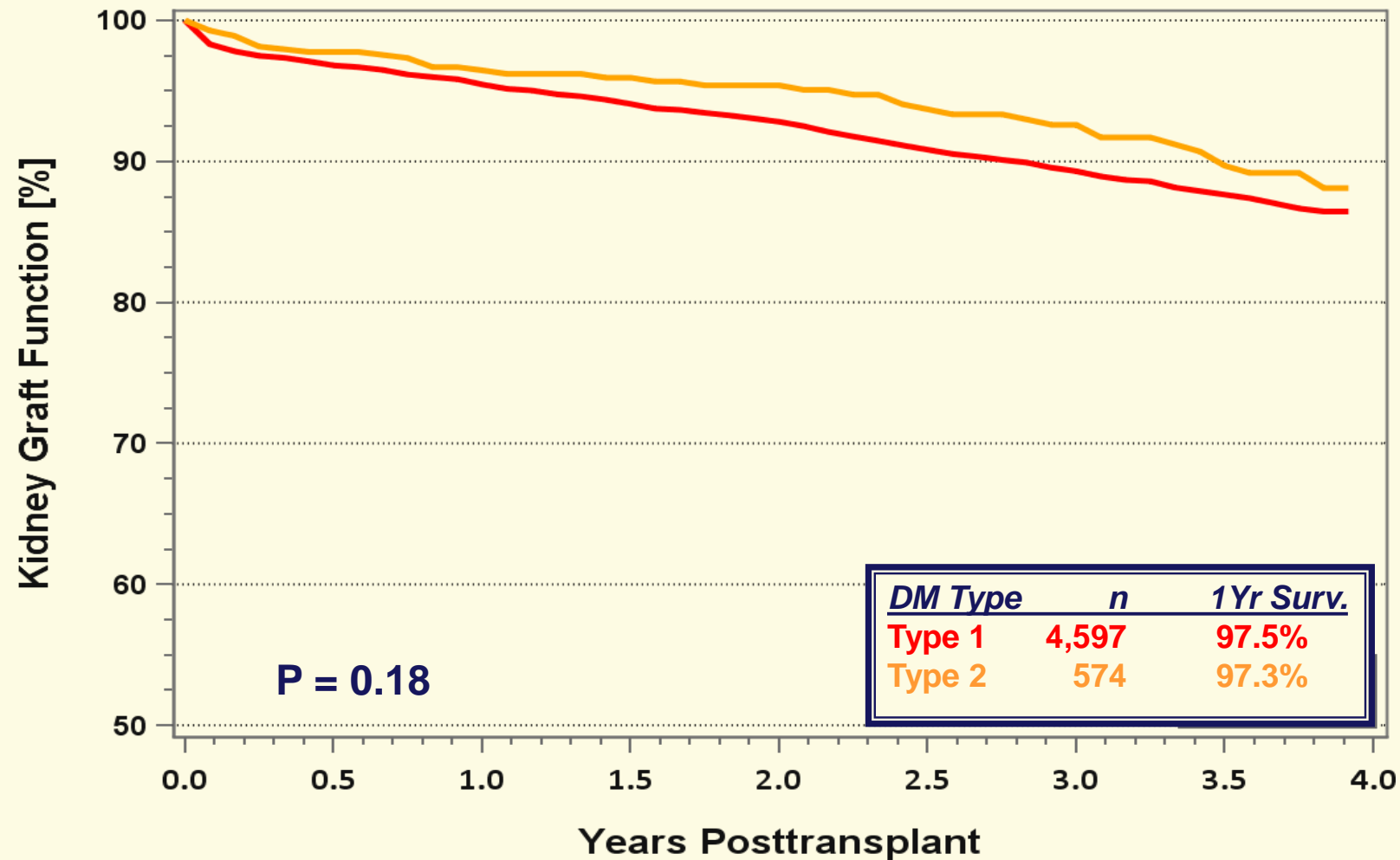
# SPK Pancreas Graft Function by Diabetes Type

USA Primary DD SPK Transplants 1/1/2010 – 12/31/2016



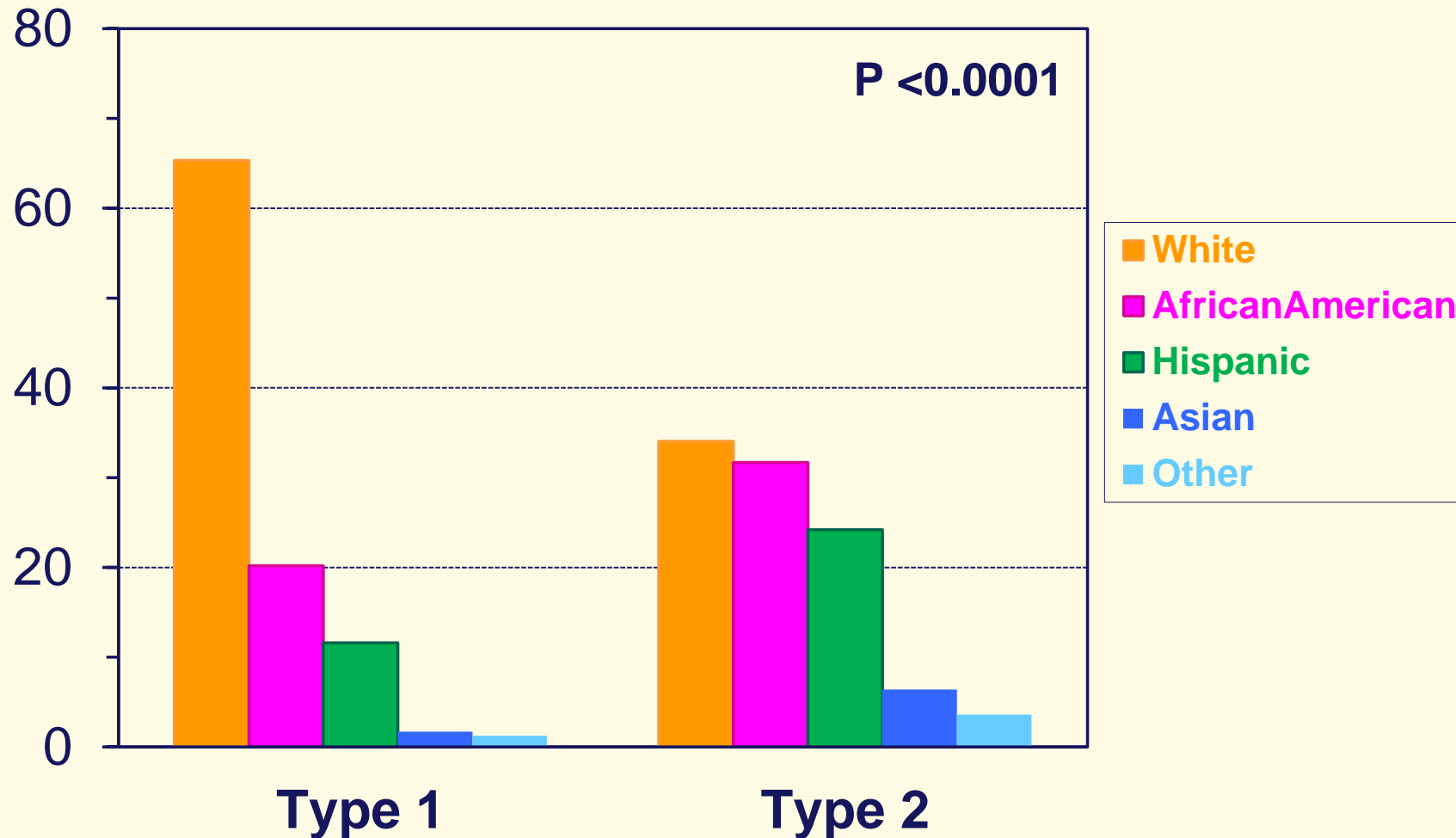
# SPK Kidney Graft Function by Diabetes Type

USA Primary DD SPK Transplants 1/1/2010 – 12/31/2016



# Diabetes Type and Race

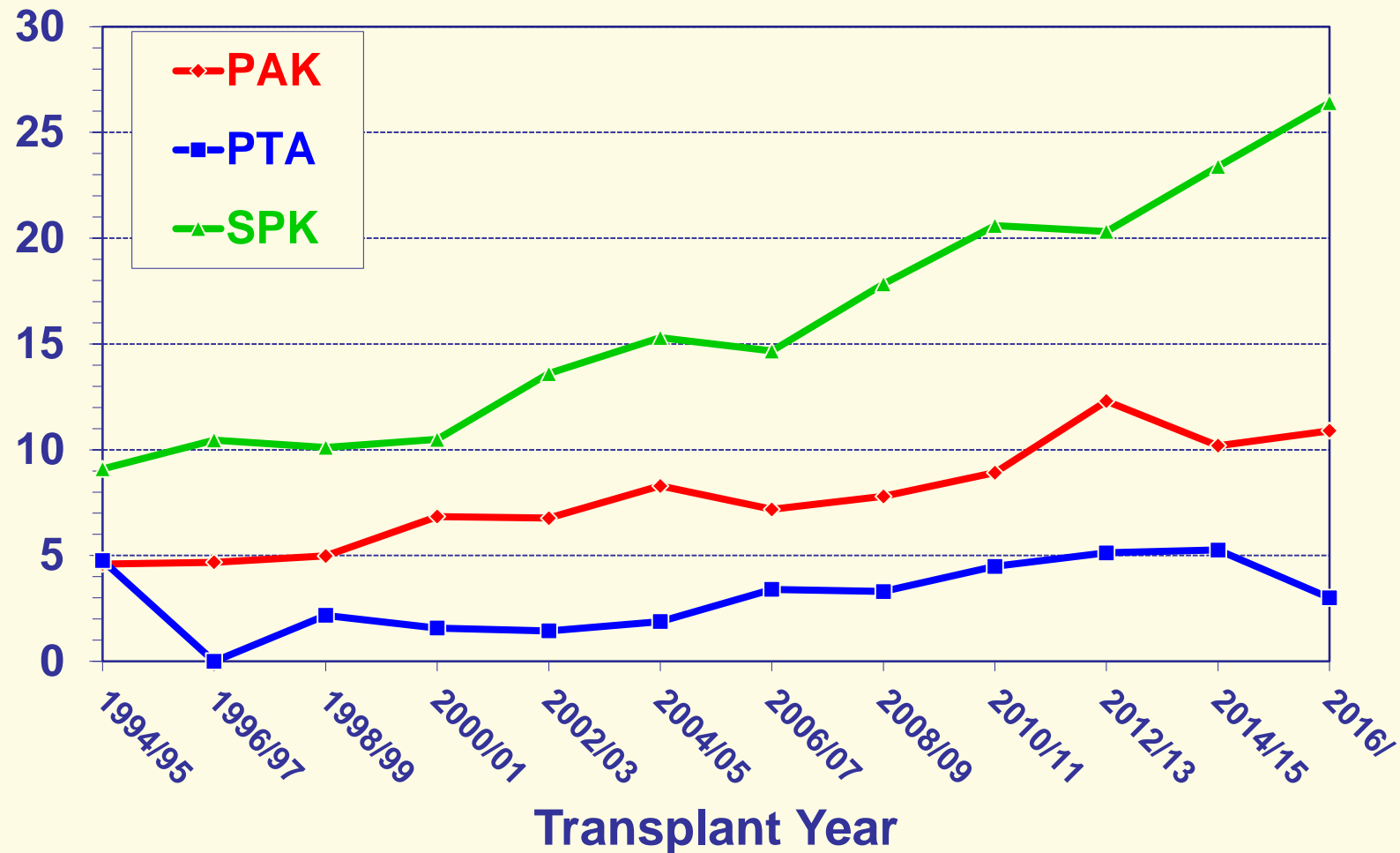
USA Primary DD Pancreas Transplants 1/1/2010 – 12/31/2016





# African American Recipients

USA Primary DD Pancreas Transplants 1/1/1994 – 12/31/2016



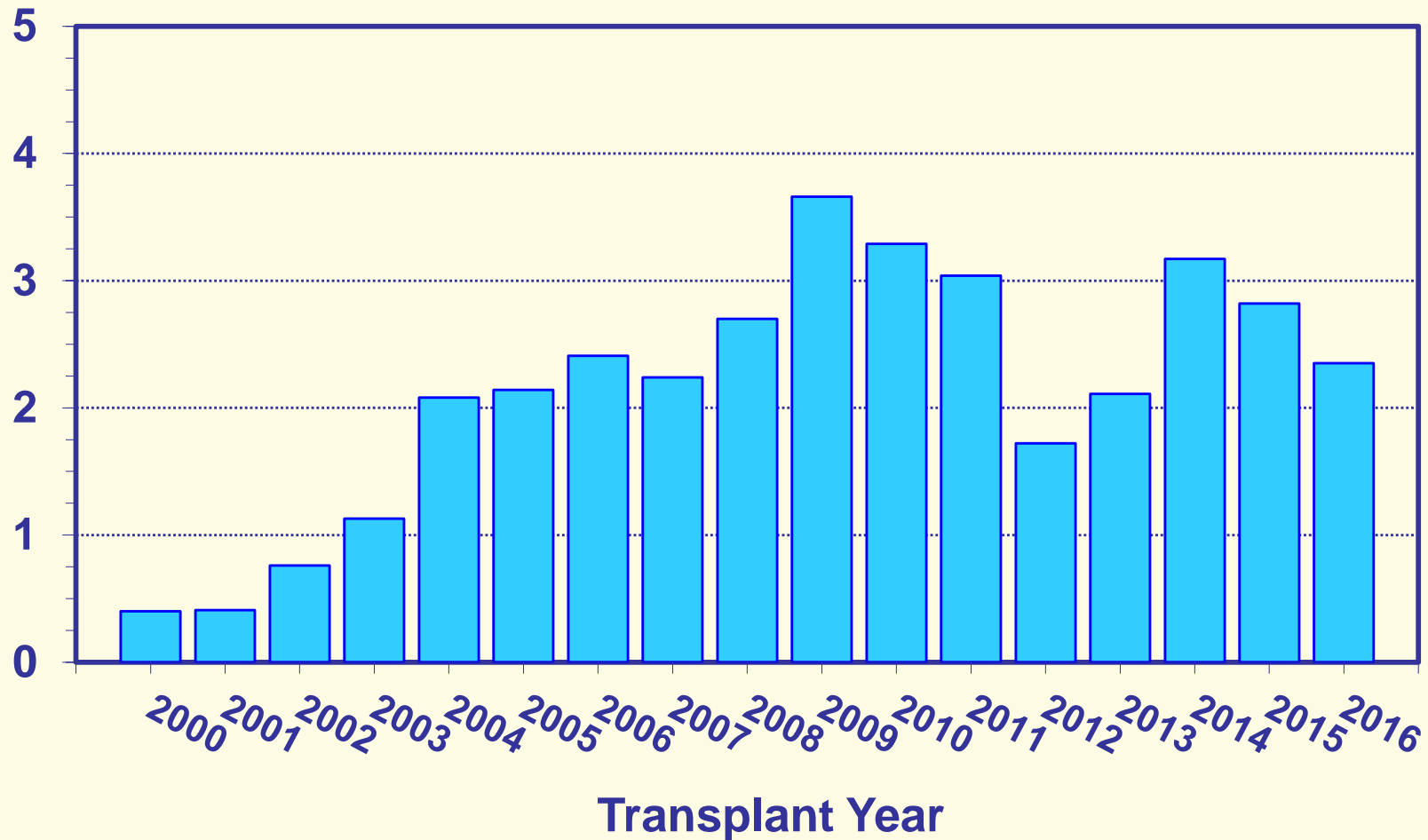
# The Type 2 Pancreas Transplant Recipient at UW

- Age <55 years
- BMI  $\leq 33$
- Administering insulin
- Uremic (SPK tx candidate)
- Difficulty with diabetes
  - HgbA1c >7.0



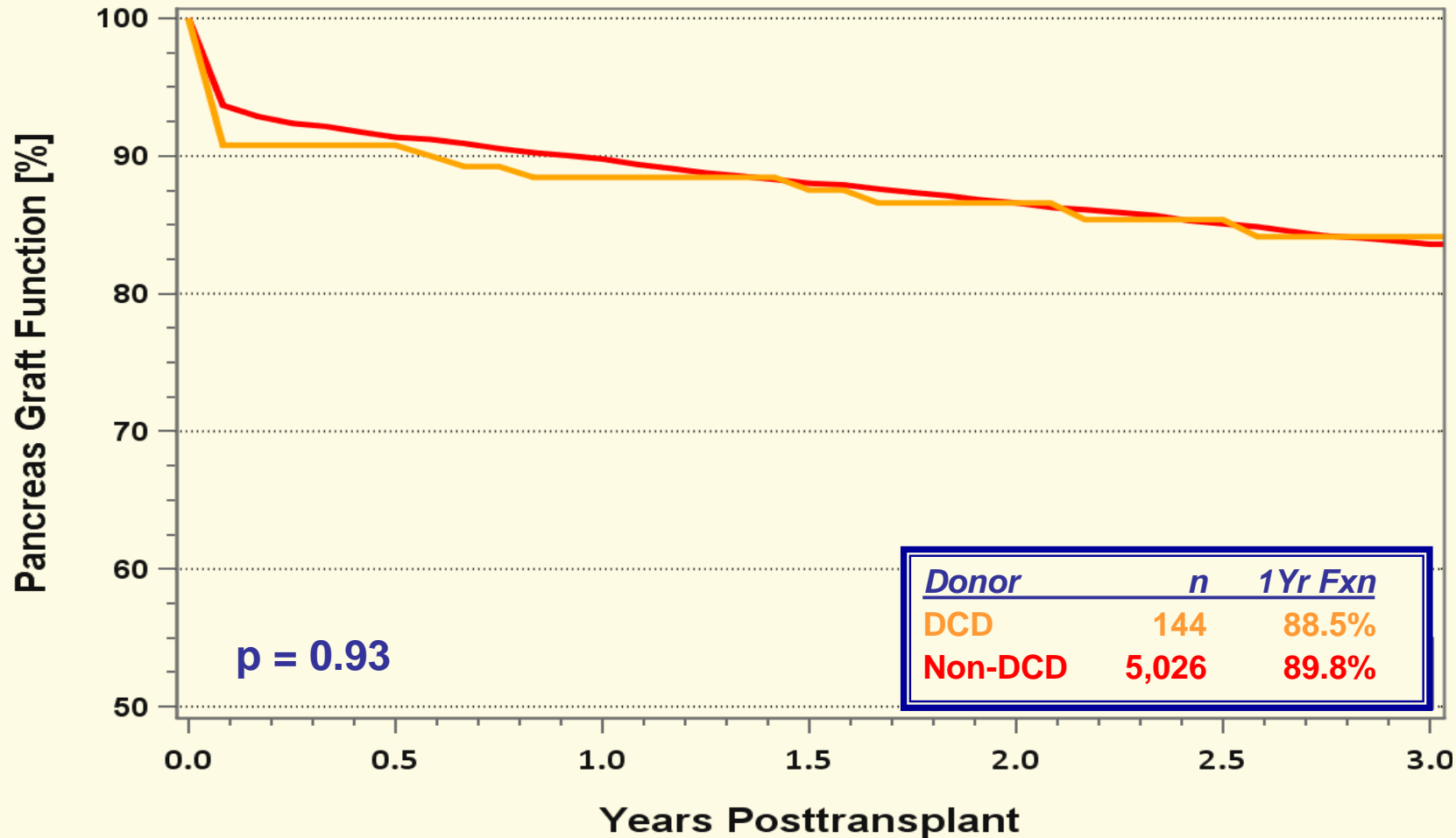
# Rate of DCD-Donors

USA DD Pancreas Transplants 1/1/2000 – 12/31/2016



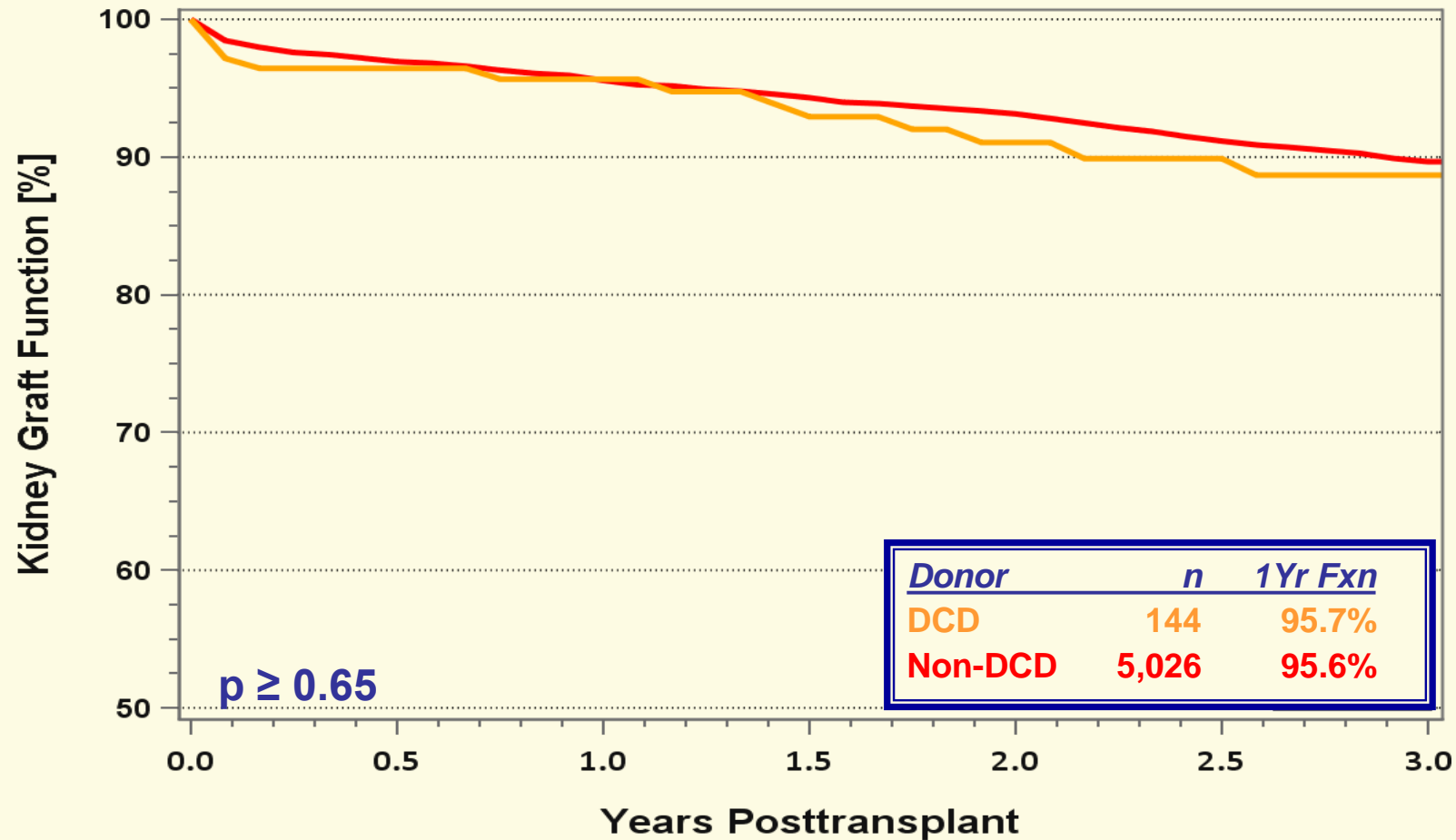
# SPK Pancreas Graft Fxn by Donor Type

USA DD Primary Pancreas Transplants 1/1/2010 – 12/31/2016



# SPK Kidney Graft Fxn by Donor Type

USA DD Primary Pancreas Transplants 1/1/2010 – 12/31/2016



# Evolution of Pancreas Transplant Complexity Over 20 Years At the University of Wisconsin



# Typical Demographics for Pancreas Tx

- Donors:

- DBD local donors
- <50 years of age
- BMI <30

- Recipients:

- Primary Tx
- Non-highly sensitized
- Type 1 diabetic recipients
- <55 years of age
- BMI <30

Are pancreas txs more complex when D/R characteristics fall outside the norm?





# Pancreas Tx Complexity

For each of 1060 pancreas txs conducted 1996-2015, we reviewed these specific D/R characteristics and tabulated for each recipient a point for each D/R characteristic that fell outside the norm.



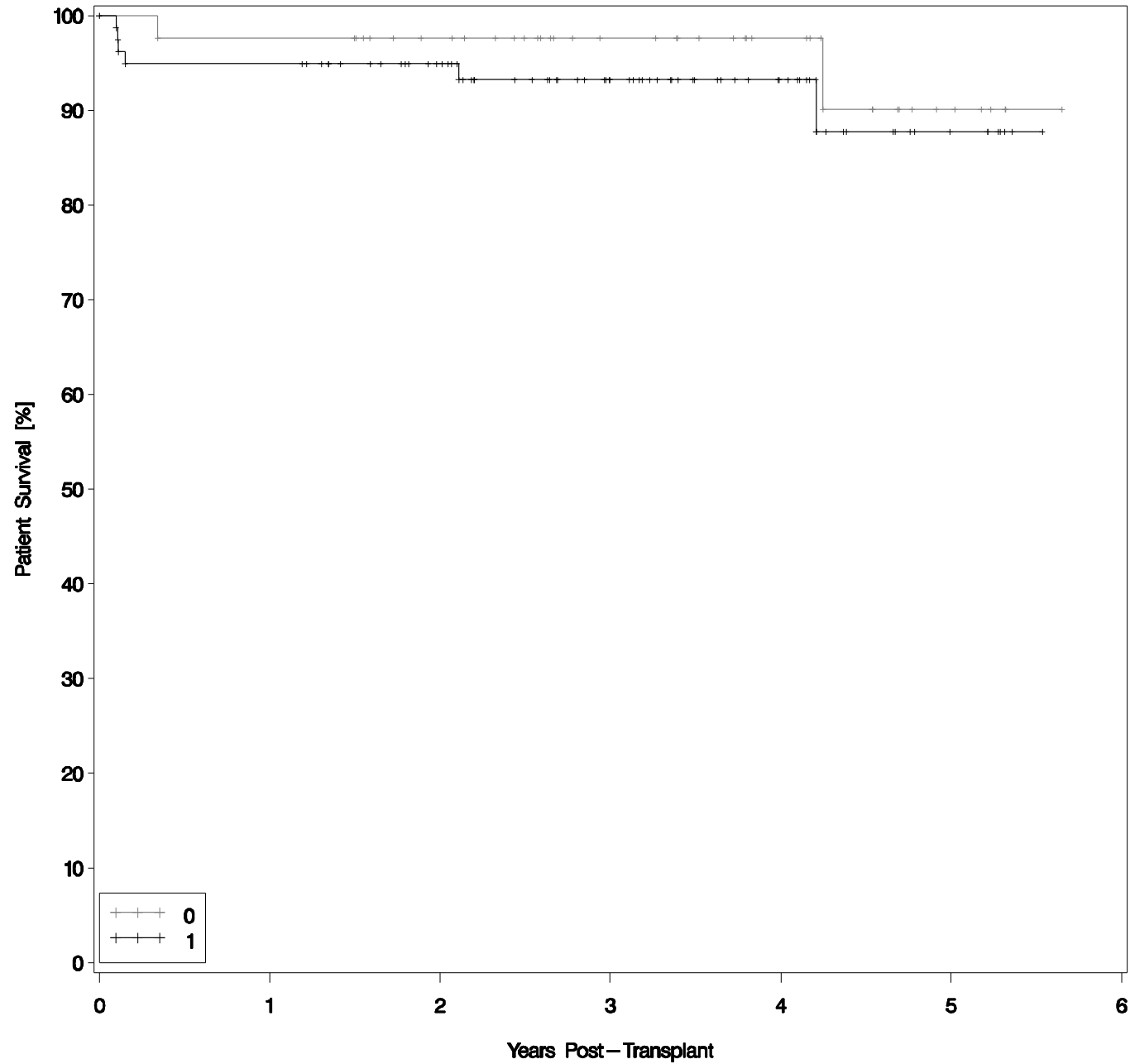
# Pancreas Transplant Complexity According to Era: 1996 - 2015

ERA	N	% 0 Pts	% $\geq 1$ Pt	% $\geq 2$ Pts
1: 1996-2000	305	53%	47%	14%
2: 2001-2005	333	48%	52%	26%
3: 2006-2010	225	41%	59%	22%
4: 2011-2015	197	25%	75%	37%

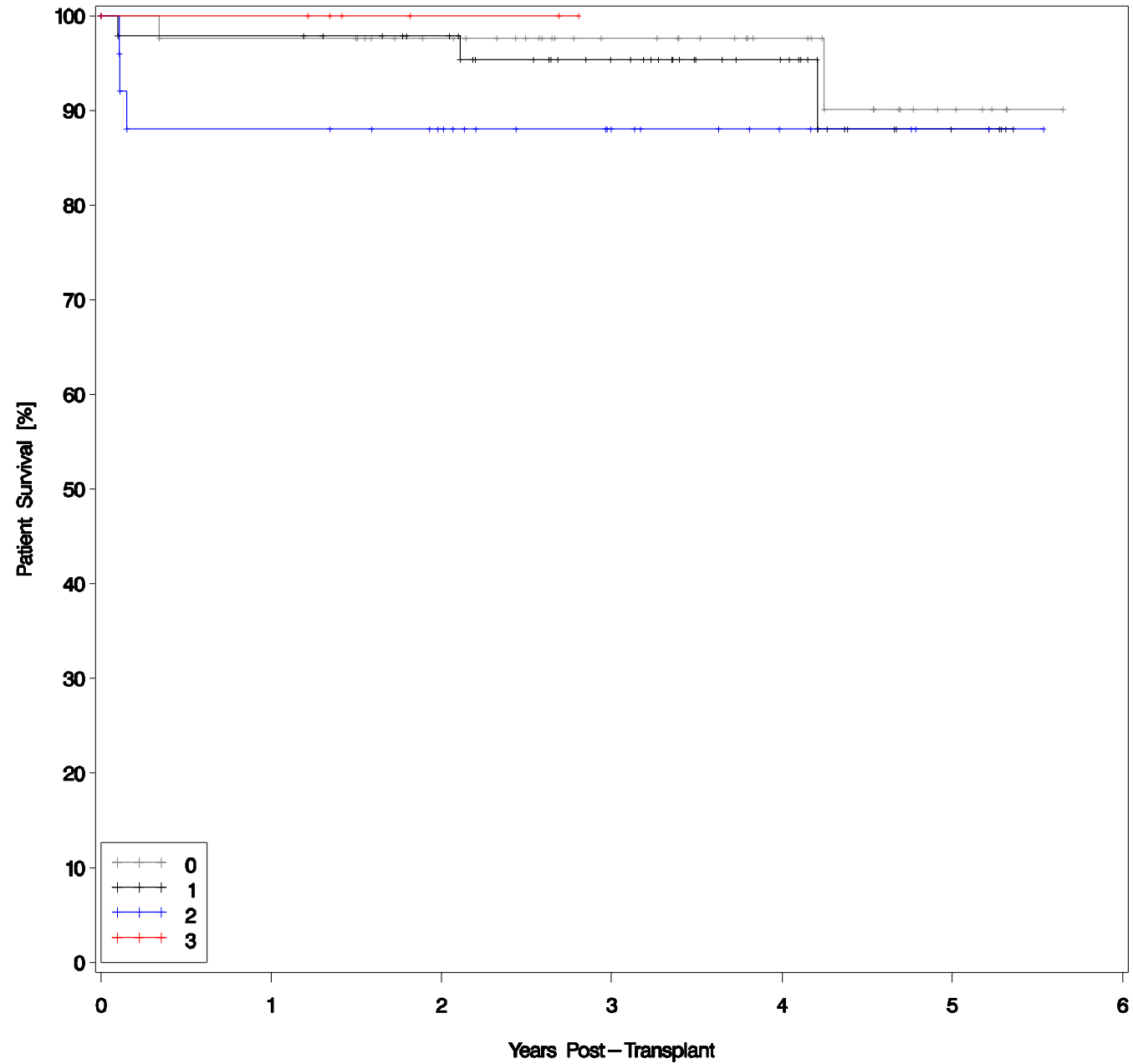
What's the difference between a conservative practice of pancreas transplantation for only 0 pt cases (n=49) vs more complex cases with  $\geq 1$  pt (n=148)? Is safety compromised?



[July 1996—Jun 2015] Adult Pancreas Transplants [Patient Survival patkp2011]



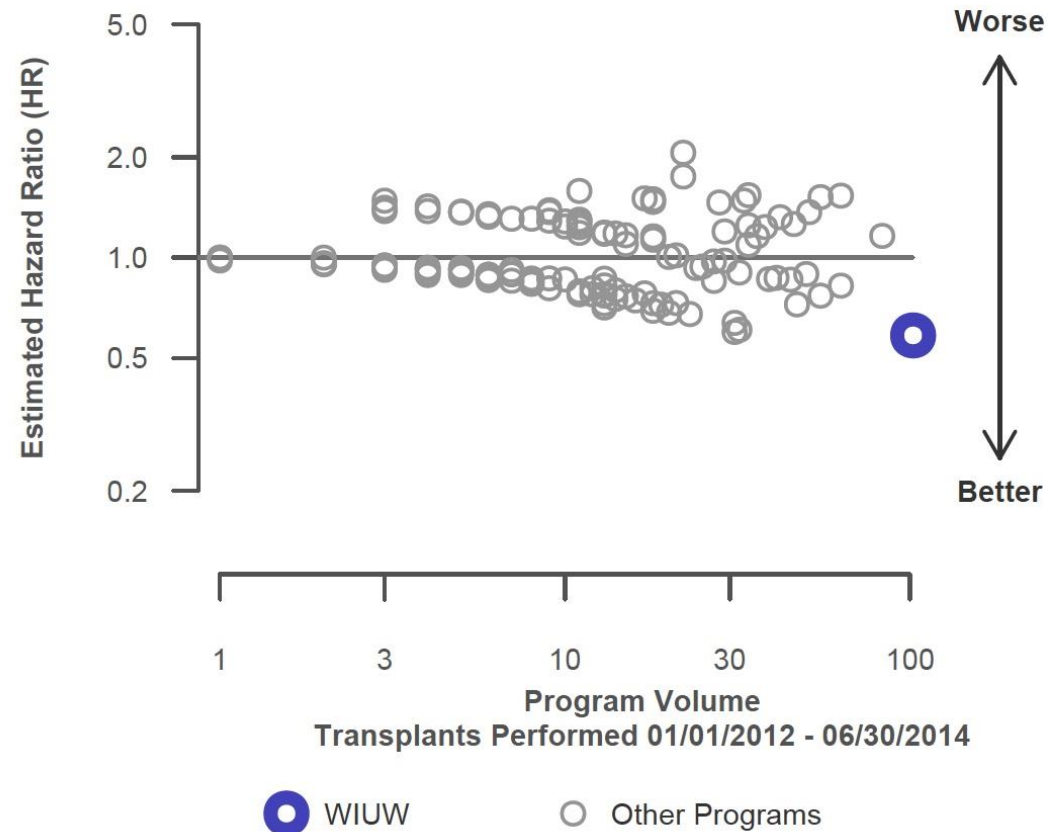
[July 1996 – Jun 2015] Adult Pancreas Transplants [Patient Survival patkp2011]



# 12/31/2017 SRTR

## 3-Year Patient Survival

Figure C18ALL. Adult (18+) 3-year patient death HR program comparison (deceased donor grafts): (ALL)



# SPK Waiting Times

## % Txed within a year



THIS CENTER:

**81.2%**

received a transplant



NATIONALLY:

**38.5%**

received a transplant



# SPK Transplant Rates

## WL Mortality Rates

### Transplant Rates

BETWEEN JULY 2016 AND JUNE 2017

**271.3** OUT OF 100

people per year receive a transplant at this hospital

**48.8** OUT OF 100

people per year receive a transplant nationally

### Waiting List Mortality Rates

BETWEEN JULY 2016 AND JUNE 2017

**0.0** OUT OF 100

people per year die waiting for a transplant at this hospital

**6.2** OUT OF 100

people per year die waiting for a transplant nationally





# Conclusion

- Expanding the donor and/or recipient criteria for for a pancreas transplant can be done without compromise of patient survival rates.
- It results in more patients being able to receive a pancreas tx.
- The practice decreases death on the WL.



# Bucking the Trend

## Programmatic Approaches

- Expand donor organ acceptance criteria, import organs, and use waivers to increase the number of txs;
- Remember: Pt survival is the PSR metric;
- Focus on eliminating death on the WL.



# Bucking the Trend

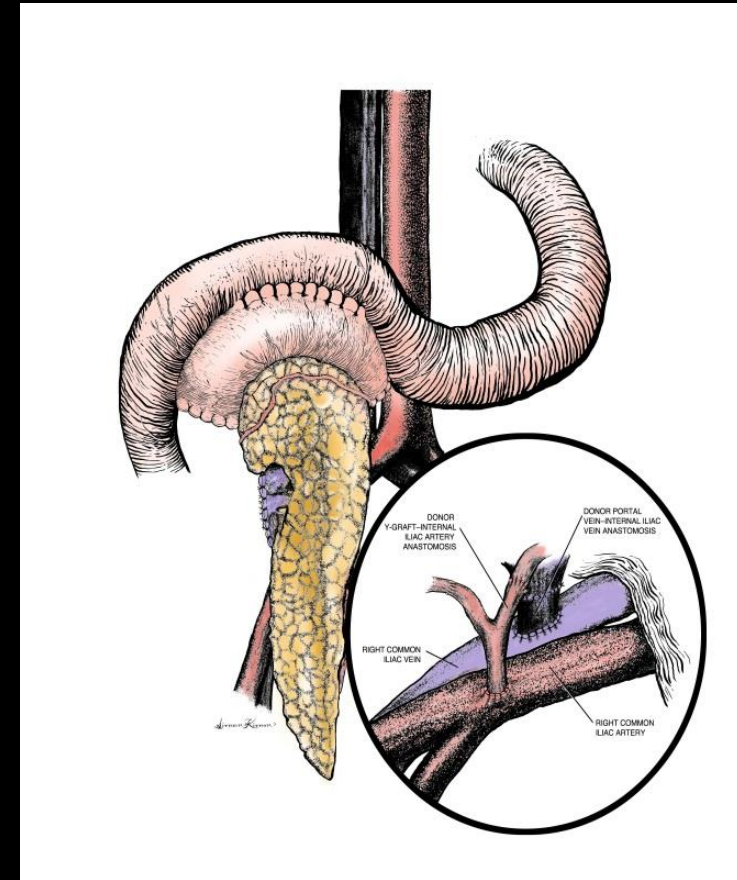
## Systematic Approaches

- UNOS/SRTR should NOT spend efforts developing O/E metrics of pancreas graft survival rates
  - the field is already one of the safest
- Pancreas Tx is already too conservative
  - fewer Tx's will be performed
  - such a move will result in more deaths on WL
- Promote a culture of internal assessment of safety and quality performance so programs are inspired to improve over time.



THERE IS NOTHING  
**NOBLE**  
in being superior to  
your fellow men. True  
nobility  
lies in being  
superior  
to your former self

## The Noble Pancreas Transplant



A better life . . .



# UW Pancreas Transplant Team

- Jon Odorico, Surgical Director
- Dixon B. Kaufman
- Robert Redfield
- David Al-Adra
- Didier Mandelbrot, Medical Director
- Nancy Radke, RN
- Mary Shanahan, RN
- Christa Finch, RN



